SECOND NATURE
Wilderness Program

Second Nature is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment, daily groups and individualized therapy sessions with doctorate level therapists weekly.

Second Nature works with students 13 to 17 with a range of emotional and behavioral issues including: Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict.

For Additional Information
Contact us at: 801-947-1338

Educational Planning and Consulting Services
Where Our Passion is Your Future

"We help parents find solutions to education"
Our Placements Include:
Regular Boarding Schools
Therapeutic Boarding Schools
Therapeutic Wilderness Programs
Summer Camps
Private Schools
Grades K-12
Prep Schools
Colleges and Universities



On the Web at: educationalplanningservices.com
Email: info@educationalplanningservices.com
Call for Free initial consultation: 602 244-9588
Affiliate of NATSAP - Member of IECA

INTERMOUNTAIN HOSPITAL
Residential Treatment Center
"Joining with Youth in Healing"

At Intermountain, we offer your adolescent outstanding opportunities. In addition to our other innovative treatment options, we recently added an **Adoptive Track** and a **Sensory Room** as adjunct therapeutic modalities.

- Fully Accredited Educational Program
- Neuropsychiatric Specialty
- Medical Team
- Wide array of Specialty Groups
- Joint Commission Accredited

For more information contact:
Lorraine Trusley, RN
Assessment and Referral
800-321-5984 x 150
Boise, Idaho
www.psysolutions.com/facilities/intermountain/residentialtreatment/

Adirondack: Continued from page 9

Admissions Director Nicole Roma, and Field Manager John Duckworth, who supervises the field instructors. Susan has been at Adirondack for about 18 months; before that, she was with Three Springs for 15 years. Nicole has been with Aspen for six years, the first three at SUWS of the Carolinas and the last three at Adirondack. I also met with one of the master's level therapists, a young woman who came to Adirondack about six months ago after working in a hospital in upstate New York. They seemed like a well functioning and capable group.

Adirondack takes teens who have been diagnosed with ODD, ADHD, mood and bipolar disorders. They will also consider students diagnosed with reactive attachment disorder, non-verbal learning disability and Asperger's disorder. Adirondack does not accept actively psychotic, suicidal, or violent/assaultive students, nor does the program do well with students who are diagnosed with mental retardation. The program also does not view a teen that is a significant AWOL risk as a good fit for Adirondack, in part because of the program's relative proximity to the large population centers of the northeast. The Adirondack admissions director told me that if such a student is referred to Adirondack, she would probably recommend him to one of the more remote Wilderness programs in the west.

About the Author:
Stephen Migden, PhD, is a psychologist and educational consultant who works with behavior disordered, emotionally disturbed and learning disabled students of all ages. His office is in Roslyn Heights, New York. Visit Dr. Migden's website at www.psychologicalandeducationalservices.com or call 516-625-0824 for more information.

Emptiness or discontent motivates one to get filled up, however, sometimes at the expense of others and/or good sense. But the truly content are motivated out of their inner richness and overflowing love to share and care and do remarkable things.

~ Anonymous