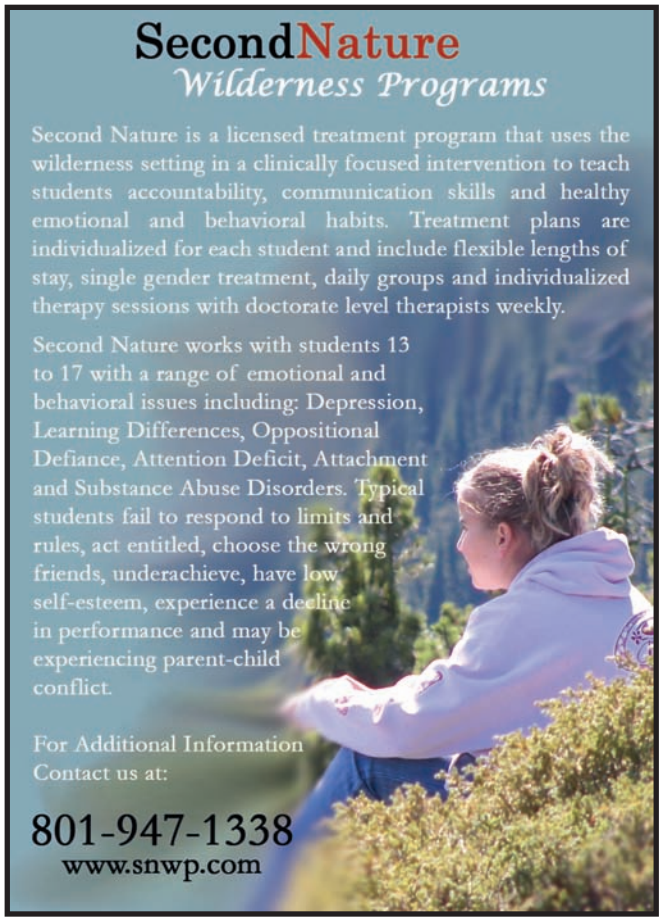
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UNIVERSITY: Continued from page 13

UBC's residential offerings consist of a number of separate but related units, each located in an adjacent wing of the hospital's main building. The Severe Trauma Adolescent Recovery Services (STARS) Program is a program for adolescent females who have suffered either neglect, physical abuse or, most commonly, sexual abuse. The girls on this unit frequently exhibit serious internalizing problems, such as cutting and anorexia. The Solutions Program is for male or female adolescents with a high level of aggression. This unit serves kids with a history of court involvement and/or serious conduct problems, including those who may have significant accompanying psychiatric disorder, including depression, bipolar disorder or even schizophrenia. Youth with a history of fire-setting and those with intellectual deficits are also considered. The Discovery Program is for younger children, ages 6 to 13. It is a co-ed unit that serves a wide variety of behavioral and psychiatric problems, including conduct disorder, oppositional defiant disorder, PTSD, ADHD and mood disorders.

UBC has a pair of units for sexually inappropriate pre-adolescents and adolescents, known as the Adolescent Sexual Abuse Prevention Program (ASAP). I took a particular interest in this program because of my background in assessing and placing such youth. In the ASAP Program, there is a unit for 10-13 year-olds and one for 13-17 year-olds. About 25% of the children in the ASAP Program are there as a result of court referral. The inappropriate sexual behaviors exhibited by the kids on these all-boys units range widely, from victimless sex, to grooming, to sexual intimidation, to outright sexual assault with legal adjudication. One of the supervising clinicians for this unit is Bill Crew, who gave a workshop at a recent IECA conference that I attended. At that time, he came across as extremely knowledgeable about both sexually inappropriate adolescents and family psychotherapy, and I had the impression that he would be a fine clinician and supervisor.

The ASAP Program, like the other residential programs at UBC, utilizes a behavioral level system, in which the residents earn privileges as they advance through their programs. At ASAP, the system has three levels, and advancement through the levels is based on progress in both the clinical treatment program and the residential behavioral program. The clinical interventions used are the mainstream, empirically supported ones that are typically used by the higher quality programs serving this population (e.g. Pathways); they are based largely on cognitive behavioral therapy. As is the case