

9. What if a student needs extra help?

Some schools provide "office hours" which allows the student to communicate with their teacher when they need help. Other schools expect the student to work independently and do not offer teacher - student interaction.

10. How do students communicate with the school?

Having a number to call or visiting an actual location is helpful when students are in need of assistance. Some schools only want students to use online methods for assistance. The most helpful schools will provide a contact phone number.

*A person without
a sense of humor
is like a wagon
without springs.*

*It's jolted by every
pebble on the road.*

~ Henry Ward Beecher

BOOK REVIEWS...

FINDING HELP FOR STRUGGLING TEENS:

A Guide for Parents and the Professionals
Who Work With Them

By: Frederic G. Reamer and Deborah H. Siegel
NASW Press, September 10, 2006
ISBN: 0871013738

Book Review By: Larry Stednitz, PhD

Dr. Reamer is a professor in the graduate program of the Rhode Island College School of Social Work, and Dr. Siegel is a social work practitioner, researcher and educator. She is a professor in the graduate program of the Rhode Island College School of Social Work.

Drs. Reamer and Siegel have written an easy to read book for parents seeking help with their struggling teen. The book is a practical guide that can be useful to any parent. It also provides a quick read for professionals who need an overview of options available for their clients.

The book covers general warning signs of adolescents who are struggling as well as a comprehensive

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