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are offered each child where they learn to manage a household, money and management skills. For those 17 and 18 years old who will not be returning home, there is an Advanced Independent Living Skills course offered. The children attend public schools in the area, while living at the group homes. In order to reach their academic goals, staff members from the group home are involved with the students in acquiring good study habits.

Physical activity and the use of outdoor recreation helps these children build self confidence and create positive relationships. Community resources are used to instill lifelong habits of fitness. Set in the beautiful Big Horn Basin in North Central Wyoming, they feel it is the ideal place to help children become healthy, happy and productive young people.

Wealthy parents in this country have a difficult dilemma. They must say no to children for abstract rather than concrete reasons.

~ Mary Pipher

TIMBERLINE KNOLLS, LLC

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Guy Oberwise

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Set on 43 acres of forested, rolling hills outside of Chicago is Timberline Knolls residential treatment center for adolescent girls over the age of 12. This program targets young women struggling with eating disorders, drug or alcohol abuse, co-occurring disorders including depression, panic, anxiety and mood disorders, psychological challenges that also include self harming behaviors, post traumatic stress and social alienation.

Timberline Knolls offers "psychiatric and psychological therapeutic approaches coupled with constant attention to each woman's strength and disorders". They create individualized programs using evidence-based outcomes and supported practices along with cognitive and dialectical behavioral therapy, integrated cognitive therapy, motivational interviewing and family therapy. Provided through art, dance, yoga and exercise,

In 1983 Wilderness Treatment Center was the first program to successfully blend conventional treatment with a true wilderness expedition. Our in-patient center is located on a working cattle ranch in Northwest Montana. The setting is perfect for young men who can have a difficult time in the confinement of a conventional program. Treatment includes plenty of ranch work, group and individual therapy, educational lectures and films, attendance at AA/NA meetings in nearby Kalispell, plus a 16 to 21 day true wilderness expedition.

As always, W.T.C. has a licensed Chemical Dependency Counselor present for the duration of every expedition maximizing the therapeutic value. They meet some pretty big challenges facing life without chemicals; a good foundation based on a spirit of success and an ever increasing self-esteem is a great beginning in the journey of recovery.



- 60 day Primary Treatment
- Medically Supervised
- Designed for males 14-24

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