INTROSPECTIONS: Continued from 9

was highly impressed, both with his poetry, his knowledge of literature and history, as well as his insights gained through his work with narrative therapy.

My visit left me with a great deal of excitement about Introspections Costa Rica. This is an environment in which students can explore who they are and develop what they want to become. Although students appear to have more freedom here than in other environments, it is balanced with the great deal of support they receive. Founder, Michael Lyles, and Director of Communications, Guy LeGuyonne, have the challenge of deciding who will flourish, and who will abuse this setting. The participants I met indicate they have made good choices about who they will enroll. Introspections truly does foster independence with responsibility and provides an environment in which the skills of learning how to live a more balanced life can be nurtured.

If we place personality and character before us as the aim of education, we shall get neither personality, character, nor education.

~ Robert Maynard Hutchins

FOUR CIRCLES RECOVERY CENTER

An Aspen Education Group Program
Member of CRC Health Group
Horse Shoe, NC
Clarke Poole, Admissions Director
828-891-2221
cpoole@fourcirclesrecovery.com
www.fourcirclesrecovery.com

Visit by Lon Woodbury, May 16, 2007

Designed for young people ages 18-28 years old with a primary diagnosis of substance abuse, Four Circles is also a dual diagnosis program. The program opened in August 2006 and is licensed for 28 residents with the usual number in residence so far ranging from 15 to 20.

During my tour, we circled up with several of the residents who were in base camp at the time. Since the participants were older than the adolescents in programs I've usually visited, there was some evidence of the hard edges from the additional years of experience and hard knocks they had gone through before arriving at Four Circles. Coming from that perspective, they were impressive in their appearing

