and residential and vocational counselors make up the team working with the students at the school.

The school is accredited by the Department of Mental Retardation and the Department of Early Education and Care, is approved as a private special needs school by the Massachusetts Department of Education and has 501(c)(3) non-profit status. Classroom sizes are small, with one-on-one tutoring and counseling and an individualized program designed for each student. Students learn job skills and find employment with the assistance of vocational specialists acting as job coaches.

The school facilities include computer labs, a library and a fine arts studio. Students participate in biking and hiking near the beaches, ocean and woodlands for which Cape Cod is so famous.

[The information for this New Perspective came from the Latham School website.]

The most important things in life are the hardest to say, because words diminish them.

~ Stephen King

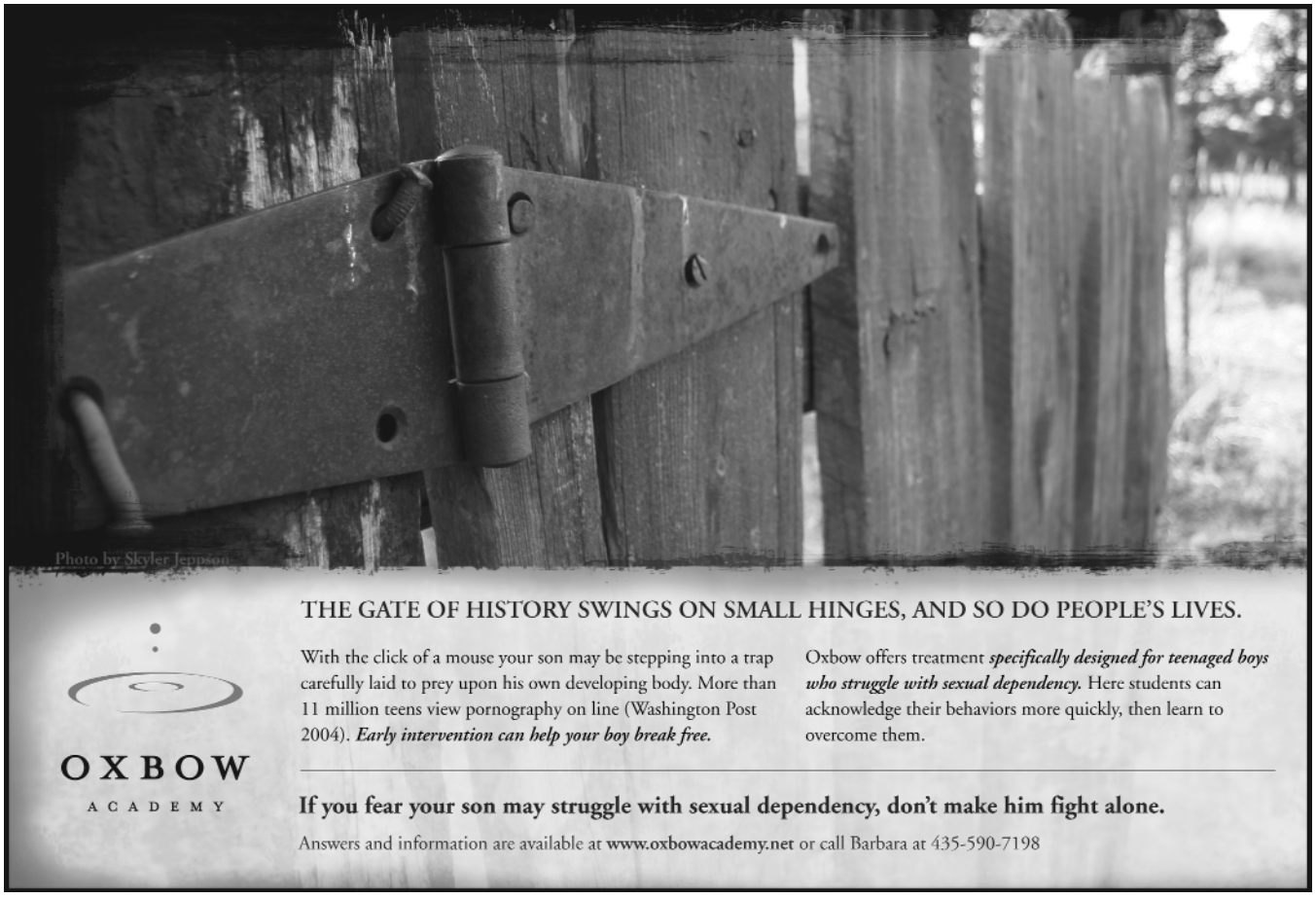
STEP BEYOND

Orem, Utah
Daniel Dayton, Program Therapist
801-592-4446
www.stepbeyondtlc.com

Step Beyond is a transitional living program designed for young men ages 17 to 24 who are transitioning from a treatment program, boarding school or home to independent living. They may be struggling with ADD/ADHD, learning disabilities or Asperger's, have graduated from high school or are pursuing their GED, and need extra support in their transition. Completion of the program generally takes six to eight months to complete, depending on the individual.

Programming is based on a four-step level system, with increased responsibilities and freedoms as the student moves up in levels. The young men at Step Beyond are required to either be enrolled in college or trade school full time, apply for a full time job or go to school part time while maintaining a part time job. Utah Valley State College and the Mountainland Applied Technology College (MATC) are both within walking distance of the transitional living center.

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The young men meet weekly with the program's therapist, Daniel Dayton, and attend therapeutic groups with a focus on relapse prevention. Live-in staff presents living skills courses, which include cooking classes and grocery shopping, time management and scheduling, and basic chores for maintaining a clean home.

Students are encouraged to participate and be involved in the community, either by joining a sports team, church group or hobby group.

[The information for this New Perspective was obtained from the Step Beyond website.]

REDWOOD GROVE, TSI

Pleasant Grove, Utah
W. Christopher Tolen, PsyD, Founder and Clinical Director
801-716-0320
information@redwoodgrove.org
www.redwoodgrove.org

Based in Utah, Redwood Grove Transitional Systems, Inc. is an after-care program for individuals directly out of a wilderness program or residential treatment center. The unique aspect of the program is an assigned therapist who comes to the client's home and community, spending between three to eight hours a week to establish a working relationship with both the parents and the client. During this first phase of the program, the therapist will provide individual and family therapy, coaching, crisis intervention and observation.

The therapists set up a network of support with the child's teachers, coaches, spiritual leaders and peers for the client as they work to meet goals that have been established by the family, the therapist and the client during the first sessions. Clients and their families identify strengths and weaknesses in five core areas including personal, family, social, spiritual and education, and develop a "family plan" of specific goals including: short-term, midway and long-term.

The program is divided into three phases and lasts from four to six months. Family members complete specific activities and therapeutic assignments during each phase. The therapist, through telephone or video conferencing, discusses the progress or concerns with the client and his or her parents weekly.

W. Christopher Tolen, PsyD, founder and Clinical Director for Redwood Grove Transitions, based this program on the "Multi-systemic Therapy" (or MST) developed by the University of South Carolina. "MST views individuals as being inextricably connected





