

Excelsior also offers a day treatment education program – with transportation provided – for young women who can emotionally and behaviorally reside at home, yet cannot function in public schools.

[This information came from the Excelsior Youth Center website.]

PONCA PINES ACADEMY

Omaha, Nebraska
Christy Roubicek, Admissions Director
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www.PoncaPinesAcademy.org

Ponca Pines Academy is a new residential, therapeutic boarding school for young women, ages 17-19 years old that focuses on girls struggling with substance abuse, family conflict and relationship issues, adoption and attachment issues, trauma and poor academic performance. It is associated with Uta Halee Girls Village, a 501(c)(3) non-profit program established in 1950 for at risk girls, accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO), Licensed by the State of Nebraska as a Child Caring Agency and Mental Health Center and approved by the Nebraska Department of Education.

Betsy Jacobson-Warren is the Executive Director who previously worked at Academy at Sisters, an all girl's boarding school for troubled teens in Bend, OR. Christy Roubicek, MSW, PLMHP is the Academic Director.

Using the Sanctuary Model® of treatment – founded in 1980 by Sandra Bloom, MD – students focus on SELF (Safety, Emotions, Loss and Future) by way of individual, group and family therapies, in addition to experiential therapy that includes art, equine-assisted psychotherapy and recreational therapy.

Academics encompass a college preparatory curriculum in partnership with the University of Nebraska-Lincoln, where students can earn their diploma from the Independent Study High School, an accredited program offering on-line and printed courses. For those students not college bound, career and vocational skill building is available.

[This information came from the Ponca Pines Academy website and information packet.]

Families need control over the professionals in their lives.

~ John Taylor Gatto

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