

Never underestimate the *power of counseling* to a struggling teen.



The only hope for many teens struggling with mood disorders, defiance, ADHD, alcohol and drug abuse or other troubling behavior, is a caring environment and plenty of expert counseling.

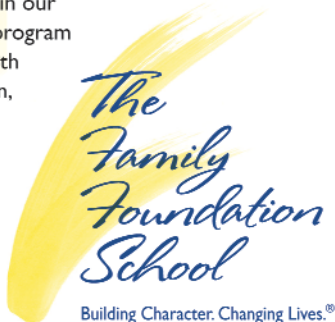
At The Family Foundation School, students receive this kind of professional, therapeutic support everyday, throughout the day, in combination with rigorous academics, character-building extracurricular activities, 12-Step recovery and spiritual development.

Our growing staff of licensed social workers, masters level clinicians, and a Ph.D. psychologist work alongside teachers, coaches, sponsors and teen peers, guiding students whenever and wherever they need it. This nonstop, on-the-spot approach to counseling has been life-changing—even life-saving—for many troubled teens.

For more information about the role of counseling in our integrated program, and in our separate middle school program for at-risk 6th, 7th, and 8th graders, contact Jeff Brain, Admissions Director.

431 Chapel Hill Road
Hancock, NY 13783
845-887-5213, x499
Fax: 845-887-4939

www.thefamilyschool.com



A private New York State registered boarding school, accredited by the Middle States Association of Colleges and Schools. Member: National Association of Therapeutic Schools and Programs.

GROVE SCHOOL: Cont. from 15

The Grove School's college-prep courses include English, Math, Social Studies and Science, in addition to a vast array of electives such as music, drama, fine arts, computer science, Spanish and journalism. Students also participate in bi-weekly individual therapy and weekly group therapy.

Varsity and junior varsity levels of soccer, basketball and baseball, and intramural team sports in hockey and tennis, are part of the recreation program at Grove School. Off-Campus activities include skiing, snowboarding, fishing, camping, hiking, golf, sailing and canoeing.

[This information came from the Grove School website.]

EXCELSIOR YOUTH CENTER

Aurora, Colorado

Terry Hoffman, Director of Admissions

303-693-1550

www.excelsioryc.org

Founded in 1973, Excelsior Youth Center is a residential treatment program for young women ages 11-18 years old, situated on 33 acres at the base of the Rocky Mountains. The program is designed for adolescents with emotional and behavioral problems, including abuse, self-destructive behavior, and involvement in gangs or cults, or those who have been adopted then relinquished.

Excelsior's key staff includes Joan Gabrielson, BSW, MBA, Executive Director, Carol Beauchamp-Hunter, CACIII, BA in Law Enforcement, MA in Psychology, Guidance and Counseling, LPC, Arnold Goldstein, Associate Director, BA Accounting and MBA in Finance and Terry Hoffman, Director of Admissions, BS in Rehabilitation Services and MED in Guidance and Counseling. The Center is accredited by the Council on Accreditation of Services for Families and Children, Inc. (COA) and the North Central Association for middle and high school curriculum.

Each girl receives an individual treatment plan upon entry, which includes therapeutic, academic and vocational education, and life skill goals. Therapy treatment consists of individual and group therapy, family counseling and recreational therapy. Vocational training programs include a licensed Cosmetology School, Business, Food Service Training, Bicycle Maintenance and Repair, and Graphic Design. Basic academic courses include math, English, social studies and science. Art, music, home economics, physical education and computers are offered as electives.

Excelsior also offers a day treatment education program – with transportation provided – for young women who can emotionally and behaviorally reside at home, yet cannot function in public schools.

[This information came from the Excelsior Youth Center website.]

PONCA PINES ACADEMY

Omaha, Nebraska
Christy Roubicek, Admissions Director
402-457-1400
croubicek@PoncaPinesAcademy.org
www.PoncaPinesAcademy.org

Ponca Pines Academy is a new residential, therapeutic boarding school for young women, ages 17-19 years old that focuses on girls struggling with substance abuse, family conflict and relationship issues, adoption and attachment issues, trauma and poor academic performance. It is associated with Uta Halee Girls Village, a 501(c)(3) non-profit program established in 1950 for at risk girls, accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO), Licensed by the State of Nebraska as a Child Caring Agency and Mental Health Center and approved by the Nebraska Department of Education.

Betsy Jacobson-Warren is the Executive Director who previously worked at Academy at Sisters, an all girl's boarding school for troubled teens in Bend, OR. Christy Roubicek, MSW, PLMHP is the Academic Director.

Using the Sanctuary Model® of treatment – founded in 1980 by Sandra Bloom, MD – students focus on SELF (Safety, Emotions, Loss and Future) by way of individual, group and family therapies, in addition to experiential therapy that includes art, equine-assisted psychotherapy and recreational therapy.

Academics encompass a college preparatory curriculum in partnership with the University of Nebraska-Lincoln, where students can earn their diploma from the Independent Study High School, an accredited program offering on-line and printed courses. For those students not college bound, career and vocational skill building is available.

[This information came from the Ponca Pines Academy website and information packet.]

Families need control over the professionals in their lives.

~ John Taylor Gatto

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