

SANTIAM CROSSING SCHOOL

Scio, Oregon
Kirsan Rostad, Director of Milieu Services
503-394-4294
www.santiamcrossing.com

Santiam Crossing School, operated by Catherine Freer Wilderness Therapy Programs, is a co-educational outdoor therapeutic school for young men and women ages 13 to 18 years old. This program is designed for teens who have completed a therapeutic wilderness program and struggle with issues that may include alcohol and drug abuse, academic difficulties, anger and defiance, depression, low self esteem, negative peer relationships, impulsivity or hyperactive behaviors.

Founded in 2004, Santiam's team of key staff includes Kirsan Rostad, MA, the Director of Milieu Services, Dan Coyle, CADC-1, the Director of Program Services, David Scully, LCSW, CADC, Clinical and Family Services Manager and Kevin Riley, LCSW, CADC-1, Clinical Director of both Santiam Crossing and Catherine Free Wilderness Therapy Programs. Santiam Crossing is accredited by the Northwest Association of Accredited Schools and a member of NATSAP.

Students participate in academics, individual and group therapy, camp chores, homework and group projects on campus Monday through Thursday, leaving campus Thursday evening for a wilderness adventure activity that may include climbing, river rafting, mountain biking or horsemanship, returning to campus Sunday evening. Students reside in tent cabins equipped with wood stoves housing up to twelve students each and staffed by two live-in counselors. These same tent groups do their own cooking and clean up at a designated cooking area in their campsite.

Parents take part in family therapy with their child via twice-monthly conference calls and participate in on-campus therapy one weekend a month. Partnered with Next Step for Success, parents also participate in parent coaching sessions during their child's enrollment.

*[This information came from the
Santiam Crossing School website and brochure.]*

A great man is he who has not
lost the heart of a child.

~ Mencius



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TELOS RESIDENTIAL TREATMENT, LLC

Orem, Utah
Kristin Williams, Admissions Director
801-426-8800
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www.telosrtc.com

Telos Residential Treatment, LLC, is a small, residential therapeutic program designed for young men, ages 13-17 years old and grades 7-12, who struggle with depression, anxiety, low self esteem, drug abuse or may have learning disorders, social problems or have experienced self harm or adoption and attachment disorders.

Heading the team at Telos is Craig LaMont, CEO, founder and the President-elect of the National Association of Therapeutic Schools and Programs (NATSAP); Tony Mosier is the Program Director and Greg Rush is the Director of Clinical Services. Telos is accredited by the Northwest Association of Accredited Schools and a member of NATSAP.

Students attending Telos participate in individual therapy, family therapy and daily 60 minute groups that explore areas that may include substance abuse,

emotional management and specialized group issues. Recreational therapy includes daily peer group runs and fun recreational sports that consist of mountain biking, hiking, snowboarding and camping. A unique aspect at Telos is triathlon training, which happens two hours a day, six days a week, with students divided into three groups at respective levels, with the idea that triathlon training is a natural extension of the skills students learned at their respective wilderness programs and helps students challenge their inflexible ideas of what they think is possible for themselves.

Class sizes at Telos are small with 6-8 students per class. Parents can monitor their child's academic progress using Telos' Powerschool online tracking system. Academic tutors are available as is a 12 week SAT/ACT preparation class.

*[This information came from the
Telos Residential Treatment website.]*

If everything's under control,
you're going too slow

~ Mario Andretti



Photo by Skyler Jensen

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