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treatment which engages the body, mind and spirit. They offer adventure therapy, equine therapy, nutrition and wellness therapies, ropes and challenge course therapy and traditional therapy. In addition, clients attend daily outside 12 Step meetings and participate in spiritual workshops.

With the belief that recovery can include having fun, Adventure Excursions (3-5 day trips) are planned once a month and include white water rafting, backpacking and hiking, which are led by licensed therapists and certified adventure staff. These trips also help the clients gain insight and challenge their own patterns, beliefs and core issues.

[This information came from the Decision Point Center, Inc. website and NATSAP 2008 Directory.]

> An impressive body of scientific research ahs shown that the more we reward people for doing something, the more they tend to lose interest in whatever they had to do to get the reward.
>
> - Alfie Kohn

CAYENNE RECOVERY RANCH

Old La Sal, Utah
Ka Hancock, Director of Admissions
801-783-6399
ka@cayenneranch.com
www.cayenneranch.com

Cayenne Recovery Ranch is a residential program designed to treat young men ages 12-18 with primary substance abuse as well as dual diagnosis related problems. Cayenne is located on a working cattle ranch near Moab, UT, and offers comprehensive treatment in a remote and natural setting. The program is long-term, six to twelve months, with emphasis on early addiction, mood stabilization, and academic success. They offer a holistic treatment approach that incorporates 12-Step principles as an overlay to all other aspects of care.

The Clinical Director, Dr. Kirk Thorn, a clinical psychologist, has over thirty years of experience in treating adolescents with a broad range of mental health issues. He has an acute understanding of dual diagnostics and the importance of addressing the underlying issues contributing to the problems of addiction. In addition, Larry Wells oversees the addiction treatment team. Larry is the founder of Wilderness Quest and has "an impeccable reputation in the industry". Two of his talented protégés have also joined the staff at Cayenne. It is their personal experience with recovery that drives them to lead others to sobriety.

Together Kirk Thorn and Larry Wells have created an integrated model that utilizes 12-Step, Cognitive Behavioral Therapy, Existential Therapy, Family Therapy, and includes a strong experiential component. Cayenne

