Copper Canyon
Academy
A Trailhead to Success

Nestled in a scenic Central Arizona valley, Copper Canyon Academy offers a boarding school for girls ages 13-17 with behavioral, emotional or learning problems. We believe that by combining a warm, caring, structured environment, students will develop self-esteem, self-awareness, self-reliance, self-confidence, and self-management.

Our program offers:

- Comprehensive, therapeutic program including individual therapy, group therapy and family therapy
- Equine therapy and canine therapy
- Essential and extensive family involvement
- Intensive physical fitness as part of daily life
- Accredited college prep academic program



Contact Darren L. Prince for more information
(928) 567-1322
Email: admissions@coppercanyonacademy.com
www.coppercanyonacademy.com
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Some see Trouble, Shame and Despair.
We See Strength, Pride and Hope.



Aspiro

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Admissions@Aspiro-Inc.com
www.wherehealingstarts.com

COOPERRIIS:

Clinical Director. Prior to working at CooperRiis, she created "The Enhanced Recovery Model" used at CooperRiis based on her extensive graduate work.

Residents receive both individual and group therapy in addition to family support and education. Their "menu of services" includes psycho educational therapies, addictions counseling, access to psychopharmacology, service and life skills training, smoking cessation courses, massage therapy, acupuncture, cranial sacral therapy, nutrition and exercise coaching and recreational, cultural and art experiences, to create an individual recovery plan.

An integral component is the work training program, where residents choose one of six programs in which to participate. This contributes to the whole in the community. These areas are farming and gardening, maintenance, housekeeping, the kitchen, woodshop and the art barn.

CooperRiis gives its residents a variety of visual and performing arts to learn, including pottery, photography, painting, sculpting and acting. For outdoor recreation, swimming, fishing and hiking are available on the 80 acre farm.

[This information came from the CooperRiis website.]

HEART CRY RECOVERY

Bonners Ferry, Idaho
Ramon Palacios, Executive Director
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Heart Cry Recovery, founded in July 2008, is a new wilderness treatment program for adults ages 18-45 who struggle with alcohol abuse or dependency, substance or chemical abuse, process addictions or relapse.

Ramon Palacios, founder of Heart Cry Recovery, is a licensed Internationally Certified Drug and Alcohol Counselor (ICDAC) who has worked with addicts and alcoholics for 15 plus years. Ramon has worked within the judicial system with the Board of Pardons and Paroles and was the Program Director at Ascent Outdoor Wilderness Program. He also worked at Passages to Recovery, conducting staff training, ensuring program consistency and running groups. In addition, Ramon was on the founding team of Four Circles Recovery and assisted in the start up of the young adult program at Wilderness Quest.

Program options include a six week (42 day) program for those who need treatment for alcohol and chemical abuse and a three week program for those who have relapsed from treatment. Utilizing 12 step wilderness meetings of AA and NA, individuals also participate in individual and group counseling, chemical dependency education, relapse prevention