

SOLTREKS:

Soltreks. I consider them friends once again and it is a great feeling.

I thank God everyday for Soltreks. I am so happy I had that amazing opportunity and now it is like I am seeing the world with new eyes. Thanks to Soltreks, I have old friends back in my life, a great boyfriend (who thinks I look best without makeup), a closer relationship with my family and with God. Thank you so much for changing my life!

Love, *****

P.S. I hope to return to Soltreks in some way.

Note: Permission to publish this letter from a graduate of Soltreks (a wilderness program headquartered in Minnesota) came from the student's mother and is on file at Woodbury Reports, Inc. It provides a helpful insight into what a typical graduate goes through after an intensive emotional growth wilderness program. The homes refer to her parents' homes. If you are interested in contacting the mother about her experience, send an e-mail to lhanna@soltreks.com or denise@woodbury.com. Legitimate e-mails will be forwarded to the parent.

Happiness is not a station you arrive at, but a manner of travelling.

~ Margaret B. Runbeck

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SEEN N' HEARD

FOUR CIRCLES ON "INTEGRATING SPIRITUALITY INTO THERAPY"

(April 18, 2009) Jack Kline, Executive Director at Four Circles Recovery Center, Horse Shoe, NC, 877-893-2221, reports Four Circles will co-host the second annual professional development workshop at their base camp on June 5, 2009. Guest speaker for this one day event is Dr. David Powell, President of the International Center for Health Concerns, who will speak on "Integrating Spirituality into Therapy."

VISTA COUNSELING OFFERS DBT

(April 20, 2009) Mike Checkett, Director and Owner of Vista Counseling Services, Salt Lake City, UT, 801-910-5891, announced Vista Counseling is now providing Dialectical Behavior Therapy (DBT) services, including groups that focus on emotional regulation and development and integration of adaptive coping strategies.

LETTER TO NEW HORIZONS FOR YOUNG WOMEN

(April 21, 2009) There is a new letter posted to the editor from a past graduate of New Horizons for Young Women. This can be viewed in its entirety on the struggling teens website.

FLYING H YOUTH RANCH DEDICATION CEREMONY

(April 21, 2009) Bob Hostetler, Director of Development at Flying H Youth Ranch, Naches, WA, 509-658-2990, announced there was a dedication ceremony and BBQ lunch and tour for guests in honor of the new school building on May 16, 2009.

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SNH:

agency" three years in a row, today announced the addition of Wellspring, Reedley, CA, a leading organization of weight loss programs for children, teenagers and young adults, to its roster of high-profile health & wellness clients. Contact Wellspring for more information at 866-364-0808.

LITTLE KESWICK EXPANDS AND RECEIVES SEVIS

(April 29, 2009) Little Keswick School, Keswick, VA, is in full swing with the addition of their new Academic Center which boosts five new classrooms, science and communications labs complete with up to date technology and two new dormitories: Madison and Jefferson. In addition, Little Keswick has received certification and enrollment in the Student Exchange and Visitor Information System (SEVIS) which allows international students to enroll. For more information contact Terry Columbus, Director at 434-295-0457, ext. 14.

GRAND RIVER ACADEMY'S SUMMER SCHEDULE

(April 29, 2009) The Grand River Academy in Austinburg, OH, 440-275-2811, will be held June 28-August 7, 2009. It is open to young men and women, grades 9-12, offering both five day and seven day boarding programs while earning a full academic credit in six weeks. Classes are in the mornings, while afternoons are devoted to activities such as sports, arts and crafts, swimming, canoeing and horseback riding. For more information contact the admissions office.

AGAPE BOYS SING AT STATE CAPITOL

(April 30, 2009) Scott Smith, Agape Boarding School, Stockton, MI, 417-276-7215, let us know that on April 23, 2009, the young men from Agape Boarding School's singing

group were invited to tour the state capitol and meet with state political leaders. They had the privilege of opening the house meeting by singing the National Anthem. To learn more about Agape Boarding School please visit the website.

100% OAKLEY SENIORS ACCEPTANCE

(May 1, 2009) The Oakley School, Oakley, UT, 562-412-5916, is proud to announce that 100% of the Oakley School seniors that applied to a four year college were accepted to one of their choices. Acceptances this year ranged from Northwestern University, Fordham University, University of Denver, Westminster College, University of Colorado, Embry-Riddle Aeronautical University, Clemson University, American University, College of Wooster, Goucher College, Penn State, Michigan State, and many more.

FOUR CIRCLES INTRODUCES ADVENTURE ACTIVITIES

(May 1, 2009) Four Circles Recovery Center in Horseshoe, NC, 877-893-2221, has added adventure activities such as rock climbing, fly fishing and other adventure trips every six week as a regular component of its wilderness based recovery program. For additional information, contact Four Circles.

ECKERD ALUMNI CHEF ROBERT HESSE RETURNS TO VISIT

(May 1, 2009) Robert Hesse, chef and proprietor of three New York restaurants, a current contestant on Hell's Kitchen on Fox network, is also an alumnus of Eckerd Academy. He will be visiting Eckerd Academy campuses in FL, GA and TN to share his story and cook for them. He says, "I want to give kids hope that they can also have a really good future." For more information contact Karen Bonsignori at 727-461-2990 ext 305.

CARLBROOK'S BRACE AND DUNBAR ON LA TALK RADIO

(May 4, 2009) Allen Cardoza's "Answers for the Family" talk radio featured Tim Brace, the Headmaster at Carlbroom School, and Kelly Dunbar, the Dean of Admissions at Carlbroom, on May 4, 2009. They discussed how students thrive in school when they feel safe. Tim has served as Headmaster or Executive Director at several secondary boarding schools and Kelly has almost 20 years of experience working with adolescents, families, and educational consultants.

BRANDI ELLIOTT SPEAKS ON PARENTS AS PARTNERS

(May 5, 2009) This year's 4th Annual Northwest Get Together in Naples, ID, sponsored by Woodbury Reports, included Brandi Elliott, who has worked in the parent choice industry for over 15 years as a direct care staff, school director of a therapeutic boarding school, program consultant and admissions director. She shared and discussed the importance of involving and including or "partnering" with parents as "the single most important indicator of a program's commitment to the participant's quality of care and future success".

ODYSSEY GOES YEAR ROUND/ADDS NEW FIELD THERAPIST

(May 5, 2009) Sarah Brockman, Admissions Director at Odyssey Wilderness Program, Bellingham, WA, 360-671-4999, announced as of October 1, 2009, Odyssey's winter location will be based out of Joshua Tree National Park and will offer hiking and rock climbing. In addition, Jane Fineberg, MSW, LCSW, has joined Odyssey's clinical team and will be working as a Field Therapist. Jane did her



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