merit/demerit opportunities, practice and use of good manners, strict clothing and personal appearance agreements, coupled with a new environment and a positive peer culture as found in this Christian Boarding School. Academics at Agape Boarding School include Bible Study, with mandatory attendance to all chapel services, English, Social Studies, Economics, Science, Math and a host of electives.

Situated on 200 acres, Agape's indoor facilities include a 400 seat church auditorium, large dining hall, learning center, classrooms, dormitories and a new basketball gymnasium with workout rooms. Recreational activities for the young men include Interscholastic Basketball and wrestling teams, amateur boxing, participation in traveling singing groups and the annual Father-Son golf tournament.

[This information came from the Agape Boarding School for Boys website.]

South Shore Academy

Valparaiso, Indiana
Brett Miller, Director of Intake and Admissions
888-629-3471
Brett.miller@uhsinc.com
www.Midwest-Center.com

South Shore Academy, a division of Universal Health Services, Inc. (UHS) and a program of Midwest Center for Youth and Families, is a short term, residential treatment program for young women ages 13-21 who struggle with psychiatric issues, chronic psychosis and/or acute psychosis resulting from PTSD, traumatic brain injury or drug induced, mood disorders, or suicidal thoughts and urges; disruptive behaviors that may include self harm, eating disorders, chemical dependency, anger management, poor social skills, impulse control problems, sexual acting out or for young women who have experienced physical, emotional or sexual abuse.

Mike Perry, MA, is the CEO of Midwest Center and has over 23 years experience in behavioral health care including 10 years in a residential treatment program as the CEO for Century Healthcare in Arizona, Charter NW Indiana, Dungarvin and Midwest Center for Youth and Families. Dr. Michael Frampton, MD, a Board Certified Psychiatrist, has been the Medical Director for Midwest since 2004. Jennifer Gill, MSW, LSW, is a graduate and adjunct professor of Indiana University Northwest, with over 12 years of clinical experience. Midwest Center for Youth and Families is a member of NATSAP and is accredited by the Joint Commission.

Using Dialectical Behavioral Therapy (DBT) the young women in this residential treatment center are taught skills to control their emotions and self destructive behaviors by targeting four key skills: mindfulness, interpersonal effectiveness, distress tolerance and emotional regulation. Clients participate in individual therapy, group therapy, skills groups and family therapy, with the DBT language and mindfulness exercises woven throughout all skills groups, in addition to the use of DBT Diary cards which are completed daily and reviewed by staff and the client. These cards allow for immediate feedback, praise, validation and coaching.

[This information came from the Midwest Center for Youth and Families website and brochure.]



Youth Care Residential Treatment
Center for Troubled Teens

Youth Care is an adolescent, residential treatment center set in a home-like environment for youth ages 11 to 18 who are experiencing academic, emotional or behavioral problems including substance abuse.

Our intensive, therapeutic residential treatment for troubled teens is licensed to treat youth and adolescents with such issues as:

- Depression
- ADHD
- Social Withdrawal
- Self-Destructive Behavior
- Physical/ Sexual Abuse
- Thought Disorder
- Learning Disabilities
- Substance Abuse
- Poor Self-Esteem
- Family Maladjustment
- Pregnant Teens acceptable

Students live in a home-like setting, which includes living rooms, bedrooms and a large family kitchen. In this residential setting, students learn the value of chores, positive interactions with others, and developing family relationships.

YOUTHCARE

For further details contact:
Youth Care, Inc.
PO Box 909, Draper, UT 84020
800-786-4924 or 801-572-6989
www.youthcare.com

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