

diet pills, laxatives, diuretics and others. The health consequences of these abuses are enormous and include high blood pressure, abnormal heart rhythms, tremors, thickening of the heart muscle and kidney damage.

DEVEREUX GLENHOLME CELEBRATES GRANDPARENTS (August 19, 2009) Devereux Glenholme, Washington, CT, 860-868-7377, will be celebrating grandparents with their 2nd Annual Grandparents Day on September 25, 2009. Events for the day include: student-led tours of the campus and classrooms, activity offerings such as the equestrian program, fitness center, go-kart track, movie theatre, drama and music, faculty presentations and a lunch buffet. To learn more contact Anthony Mercogliano.

TRIBOLE JOINS NEWPORT ACADEMY

(August 19, 2009) Jamison Monroe, Jr., Founder of Newport Academy, Newport Beach, CA, 877-628-3367, or 949-887-0242 (cell), has announced Evelyn Tribole, MS, RD, a nationally recognized dietician has joined Newport Academy to assist clients in creating a healthy relationship with food, mind and body. She has written seven books including the bestsellers: *Healthy Home-style Cooking* and *Intuitive Eating* (co-author), was the nutrition expert for Good Morning America, appearing from 1994-95 and was a national spokesperson for the American Dietetic Association for 6 years. She was also the contributing editor for Shape magazine where her monthly column, *Recipe Makeovers*, appeared for 11 years.

CREATIVITY CLASS AT FAMILY FOUNDATION SCHOOL

(August 20, 2009) Robin Ducey, Chair of the Fine Arts Department at The Family Foundation School, Hancock, NY, 845-887-5213, has developed a creativity class to help students unleash their artistic sides. The school, known for its high academic standards, seeks to provide additional opportunities for students to access creative, right-brain activities. Ducey, an artist whose work has been exhibited regionally believes that the normal benefits of artistic expression on mental, emotional and spiritual health are even greater for at-risk teens. Ducey hopes to have the course offered for credit in the future.

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GARNAR IS COLLEGE COUNSELOR AT FAMILY FOUNDATION SCHOOL

(August 20, 2009) Jason Garnar, Chairman of the History Department and Middle States Internal Coordinator at The Family Foundation School, Hancock, NY, 845-887-5213, was recently named "Director of College Counseling" as well. His duties include working with approximately 75 students and their families annually to facilitate the college application and financial aid processes. For more than six years, the school has seen 100 percent of its graduates accepted into post-secondary institutions, including two June 2009 graduates who are attending Georgia Tech and Carnegie Mellon University.

The physicist, Stephen Hawking, says we can be sure time travel is impossible because we never see any visitors from the future. We can apply that same logic to the subject of school reforms: we know they have not succeeded because we haven't seen positive results.

- Evan Keliher