hospital based residential treatment program, medications are monitored for longer periods of time. An intensive residential treatment program is designed to promote stabilization and produce long-term treatment gains.

How do you evaluate an effective DBT Residential Program?

As with any evaluation of residential treatment, being able to schedule tours, visit, talk with staff and learn about a program is of key importance. To evaluate a DBT program, ask if DBT skills are taught throughout the entire day. Mindfulness activities can start in the morning by brushing teeth! Ask how all staff members are trained in the use of DBT. Here is a short list of what to look for in a good DBT program:

- 24 hour staff trained in DBT
- Including behavioral health care workers, nurses, teachers, and therapists
- DBT skills groups run by trained DBT therapists
- Daily mindfulness activities and groups
- From residents level groups to consequences based on DBT concepts
- On call therapists 24 hours a day 7 days a week
- Individual therapy by trained DBT therapists
- Weekly staff meetings with all DBT staff
- Intense family involvement and education

Resources for Dialectical Behavioral Therapy can be found at www.behavioraltech.org.

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SEEN N' HEARD

Caron Treatment Centers to Open Adult Program in Dallas (August 31, 2009) Caron Treatment Centers will open a 40-bed residential treatment facility which will be known as Caron Texas. It is expected to open in July 2010. This RTC will provide primary addiction treatment to adults who may also suffer from co-occurring disorders. To learn more, contact Karen Pasternack, Director of Public Relations, at 610-743-6576.

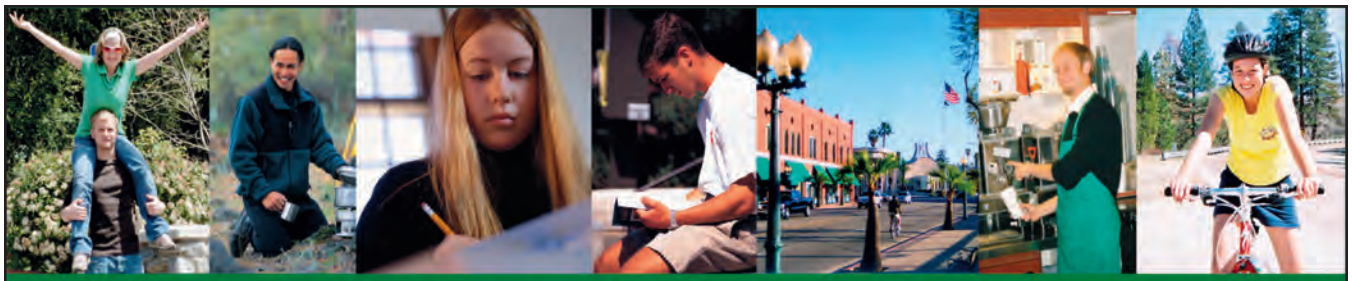
Forman School Welcomes New Staff (September 2009) Adam K. Man, Head of School at The Forman School, Litchfield, CT, 860-567-1802, welcomes three new additions to The Forman School community: Sara Lynn Leavenworth Renda as Director of Admissions, Francisca Fenton as Dean of Student Affairs and Jane Benson as Director of ADD Services. Sara Lynn served as Director of Admissions and Financial Aid at Westover School in Middlebury, CT, prior to joining Forman; Francisca served as Dean of Students at Cheshire Academy in Cheshire, CT, from 2004-2008; and Jane Benson, a Forman School alumnus, previously was employed as a certified coach and consultant for the Center for Psychology and Education in Chapel Hill, NC.

Elk River Campus Building a New Chapel (September 2009) Alexa Nuessle, Huntsville, AL, 256-518-9998, announced The Elk River campus is building a new chapel! This outdoor worship space, set under the trees will be built amphitheater style and will also serve as a meeting place for other campus activities. Plans include a natural slate floor, cypress benches, fire pit and a stone podium.

Menninger Web Site Goes Live (September 2009) The Menninger Clinic in Houston, TX, announced the launch of the new Menninger Patient Alumni Web site where former patients can sign up to stay connected and utilize the resources to continue what they learned in treatment to support their recovery. This web site was designed with the help of patient alumni, who are also planning the first alumni weekend on November 6 and 7, 2009, in Houston.

Ex-Darrington Academy Head Investigated (September 3, 2009) A Nevada news source reports Richard Darrington, former headmaster of Darrington Academy in Blue Ridge, GA, is the new dean of students and athletic director at Whittell High School in NV.

Continued: **SnH/** 10



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