

NEW PERSPECTIVES...

[New Perspectives schools and programs are those new to Woodbury Reports, Inc., and are presented to expand your knowledge, with the disclaimer that we know little more about them at this time than what appears here. Inclusion in Places for Struggling Teens™, of course, does not imply any endorsement by Woodbury Reports, Inc. -Lon]

THE JOURNEY

Mount Pleasant, UT
Chris Allen, Program Director
801-709-2670

www.discoveringthejourney.com

The Journey, which was founded in 2003 by Madolyn M. Liebing Ph.D. Psychologist, and a co-founder of Aspen Achievement Academy and Marina Starling Ph.D. Psychologist, is a small residential treatment center for young men ages 13-18 who are struggling with mental health issues that may include ADHD/ADD, depression, ODD; addiction issues concerning substance abuse, the internet or pornography; negative family relationships due to divorce, attachment problems, PTSD, bereavement or sexual/physical abuse and negative behavior problems that include anger, entitlement, irresponsibility and laziness or school and legal issues.

Chris Allen is the Program Director of the boys program at The Journey and has prior experience as a wilderness instructor. Jake Smith is the Assistant Director and has a current certificate as a first responder. The Journey, a sister organization of Cairn Academy, is licensed by the State of Utah Department of Human Services Division of Licensing as a residential treatment center and is accredited by the Northwest Accreditation Association.

Each student participates in individual, family and daily group therapy, with groups discussing topics such as: anger

management, communication skills, problem solving and substance abuse prevention. With The Journey situated on a 55 acre working ranch, the boys are actively involved in the care and training of the ranch animals that include horses, llamas, goats, cows, pigs, chickens and dogs, learning responsibility, care and work ethic. Community service dovetails these lessons, with daily projects and students learn how rewarding it is to give back.

Outdoor activities and experientials include backpacking trips, mountain biking treks and mountain climbing and pack trips that include utilizing some of the ranch animals (llamas, horses or pack goats.)

[This info came from The Journey website and the NATSAP Directory.]

NEWPORT ACADEMY

Orange, CA
Jamison Monroe, Jr., Admissions
877-628-3367
jmonroe@newport-academy.com
www.newport-academy.com

Newport Academy is a residential treatment center for young women ages 12-17 struggling with alcohol and substance abuse in addition to co-occurring disorders. Length of stay for treatment is a minimum duration time of 45 days and an average of 60-90 days. Newport Academy is licensed as a group home by the State of California and is a member of NATSAP, NAATP, SAMHSA and NIDA associations. This small RTC that opened in 2009 accepts only 12 adolescents at any one time.

Co-founder and Executive Director of Newport Academy is Scott Sowle who previously was VP of Business and VP of Operations of a healthcare services management company. Scott has an undergraduate degree in Psychology from the University of California, Los

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- Serves boys and girls, ages 10 - 18
- Individualized treatment and academic plans
- Focus on emotional growth and long-lasting changes in attitudes and behaviors
- SACS CASI accredited, licensed, members of NATSAP

ECKERD ACADEMY

A division of Eckerd Youth Alternatives, Inc.
Campuses: Deer Lodge, TN • Suches, GA

Admissions: 800.914.3937
www.EckerdAcademy.org



High Frontier

High Frontier is a non-profit Residential Treatment Center for emotionally disturbed adolescents, ages 12 to 18, with a documented history of severe behavioral and/or emotional problems who cannot be served in a less restrictive environment.

GOALS ARE TO:

- Build a positive value system
- Assess resident's level of functioning developmentally, emotionally and academically
- Develop & implement services to help the resident meet goals.
- Provide each resident with living skills
- Assist residents to work with their families
- Develop a discharge/aftercare plan

PO Box 1325 432-364-2241
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high.frontier@sleschools.org