3. If your child asks for help, don't provide the answers; try not to do the thinking, drawing, calculating or interpreting for them. Instead, ask more questions, provide examples; keep them focused; keep it simple.
4. Encourage your child, especially teens, to seek help, advice, and guidance from a respected family member or friend. Adults outside the family can offer objective perspective and support that teens often would not accept from a parent.
5. If your child's situation seems to be getting worse or is beyond what you feel anyone in the home can manage alone, seek help from a professional. There are many resources for kids today, including counseling – both educational and psychological – which can offer your child options of which you may be unaware, such as learning creative strategies for coping with stress or other school choices available.

In order for parents to understand their own preoccupation with success, including avoidance of failure, it is beneficial for them to go back to their own families of origin to identify how those things were perceived and/or handled while growing up. Chances are, the way they handle situations with their own children is connected in one of two ways:

They either approach success and failure in contrary reaction to how their own parents approached them; or they adopt the same approach their own parents took, sometimes even when the approach is not effective.

Parents who can be honest with themselves about their experiences with success and failure in their childhoods can often learn the skill of how to overcome the impulse to step in and prevent struggle for their children, while also maintaining a supportive and guiding presence in their child's life.

Parents can ask themselves the following:

- What were some of the important successes in my childhood?
- How were success and failure handled in my childhood?
- How do I feel about these experiences today?
- How do I feel about my child's successes?
- How do I really handle my child's struggles/failures?
- Have I ever tried to manipulate the outcome of my child's potential failures?
- Do I allow my children to see me fail at anything? If so, how do I handle that failure in front of them?
- Most important, how do I step back and allow my child to struggle through challenges?

About this Article: *For more information about Malcolm and Laura Gauld, their work and Hyde Schools, contact Rose Mulligan at 207-837-9441, by email at rmulligan@hyde.edu or visit www.hyde.edu.*

We have no right to ask when sorrow comes, "Why did this happen to me?" unless we ask the same question for every moment of happiness that comes our way.

~Author Unknown

SEEN N' HEARD

The following updates were sent to Woodbury Reports during the month of May.

Opening:

Aspen Education Group announced the **Talisman School** is scheduled to open at the New Leaf campus in August.

Len Buccellato announced that **Hidden Lake Academy** has changed its name to **Ridge Creek Academy**. Ridge Creek Academy is a separate entity from **Ridge Creek Wilderness**.

Trails Carolina will offer a Therapeutic Wilderness Experience specifically for female adolescents ages 12-14.

Closing:

New Leaf Academy in Hendersonville, NC will close June 11 after their June 10 graduation. Current students who are not graduating already have a transition plan in effect.

News:

AIM House alumnus **Josh Biddle** received the **UC Berkeley University** Top Graduating Senior Medal. **Linda Shaffer**, Educational Consultant recently attended the **Boulder Creek** graduation ceremony for seven students. **Elan** presented **Red Cross** Director, **Laurie Levine**, with a check for $2,054, raised by Elan students, to go toward the relief efforts for the people of **Haiti**. **Teen Challenge Columbus Girls Academy** is hosting "Prepare for Impact", a Teacher Training Conference for staff members from Teen Challenge Campuses and similar programs. **Echo Springs** was invited to speak at the **North Idaho College** Board of Trustees meeting. They also announced many of their alumni have reported long-standing, independent success. Four boys at **West Ridge Academy** received their **Eagle Scout** Awards at a court of honor. The boys earned the highest rank in scouting by serving the community. Trails Carolina completed the first comprehensive annual review as a licensed mental health facility in North Carolina. **Douglas Bodin**, Educational Consultant was featured in the Jobs, Careers & Education section of the **Mercury News**.

Program Enhancements:

The **Family Foundation School** has approved a student-led effort to permit skateboarding on campus. **Willy Williamson**, FFS Athletic Director, is overseeing the activity, ensuring that the students conduct themselves responsibly and follow strict safety regulations. Williamson has also formalized Frisbee activities on campus, matching up teams in preparation for the summer's intramural Ultimate Frisbee tournament. The Family Foundation School is also awaiting a Certificate of Occupancy for the now-completed 9,100-sq.ft. girls' dormitory. The new facility, which was under construction for more than a year, will house the

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school's 50+ female students, and can accommodate up to 90 girls. **Next Step For Success®** announced Associate Coach, **Vicki Jones**, completed a 24-hour training over 4 months that resulted in a Mentor Coach Certification through **InviteChange®**. **Passages to Recovery** Outdoor Addiction Treatment Program achieved **Joint Commission Accreditation**.



Partnerships:

The **Emerge College Success Program** and **Simple Projects** announce a new collaboration offering the components of a young adult transitional program and college based support services for students who have experienced emotional, behavioral and/or learning challenges.

People:

Cat Jennings, founder of **Stone Mountain School** and Executive Director of New Leaf Academy in North Carolina, is leaving Aspen with the closure of New Leaf to pursue other endeavors. **Rosemary Tippett** retired from the Board of **NATSAP** after almost 11 years. A couple changes have occured in staffing at West Ridge Academy. **Jared Hamner**, formerly Admissions Director, transitioned into the Director of Midwestern Operations and **Guy Hardcastle** accepted the position of Director of Admissions. **Lauren Clark** is a new Admissions Counselor at **Oakley School**. **Venture Academy** announced **Sean Elliott** will oversee the Ontario campus as the Agency Director. **Rebecca Bowen** and **Joanne Bertrand** have joined the academic faculty of the **King George School**. **John Marquis** is the new Executive Director of **Academy at Swift River**. **Hope Renews** board elected **Tracey O'Connell Sperry** to be its new president and chairman of the board. **Bertram Educational Consultants** welcomed **Patrick Finn** to their consulting team. **Bromley Brook School** announced the return of Art Director **Robin Wimbiscus**. The **Spire School at Greenwich Education and Prep** named **Frank Bartolomeo**, PhD, as Executive Director. **Outback Therapeutic Expedition's** new Admissions Director is **Arwynn Harris Jensen**. **Shepherd's Hill Academy** announced the new Principal is **Steve Schyck**. **Kathy Kimmel** resigned in May after 15 years as Admissions Director of the **Grove School**. **Lauren Seltzer**, who was a Marriage and Family Therapist for five years, will step into the Director of Admissions position, with help from **Kelly Webster**, Associate Director/ Community Relations and **Alice Durmmond-Hay**, Residential Administrator. Also in May, **Chelsea Dickinson** said goodbye to **Clark Financing** as she left to pursue other opportunities. There have been several staff developments at **Silverado Academy** as well. **Eric Fawson** recently moved back into his original role of Program Director. Silverado also hired **Duane Bailey** to work as a team coach and to facilitate Chemical Dependency/Addiction groups. **AJ Neilson** was promoted to the position of Activities Coordinator. **Brad Porter** moved into a new position of Program Parent Liaison. Brad will oversee the reception area, assist with new admissions, and facilitate student transports to and from the airport. **Dr. Crist**, one of Silverado's founders, retired and **Ryan Williams**, MD, stepped in as the consulting psychiatrist at Silverado and finally, **Tricia Lenzendorf** was promoted to Medical Coordinator and will work with Dr. Williams during his initial student evaluations and Medication Clinic.





