Benchmark Transitions

Life Strategies for Emerging Adults

Young Adult Transitional Living

Benchmark is a residential, co-ed therapeutic transitional living program. Our model is peergroup and community based, using a life coaching and therapeutic approach.

We offer practical application with skills-based and cognitive behavioral treatment, allowing students to learn personal responsibility and accountability through hands-on trials.

The core component of our curriculum requires a minimum commitment of six months to complete Level I and Level II. The second component of the program is optional and includes on and off property independent living, which makes the typical length of stay a total of 10-12 months. We also offer extended care programs from 12-24 months.





Dual Diagnosis Treatment

We have a Dual Treatment option...

Recovery by Benchmark students are those who have a history of substance use or abuse.

Behavioral Health is for those students who have not exhibited any issues with drugs and/or alcohol.

Both programs include our comprehensive curriculum of education, vocational & work skills, life skills and clinical treatment.

BENCHMARK TRANSITIONS

LIFE STRATEGIES FOR EMERGING ADULTS

1.800.474.4848

1971 Essex Court
Redlands · CA · 92373

www.BenchmarkTransitions.com

Grove School

FOUNDED 1934

A THERAPEUTIC BOARDING SCHOOL

175 COPSE RD, MADISON, CT 06443

For 75 years Grove School has been recognized as the leader in providing clinical expertise & college preparatory education for adolescents, with average to gifted intelligence, who face social, emotional & academic issues.

Grove School offers:

- A year round, CT approved academic program for grades 6-12 plus post-graduate
- 90 member professional staff for 105 students
- 4 Psychiatrists, 2 PhD Psychologists, 6 LCSW/LMFTs, and 30 certified teachers
- Individual therapy twice weekly, group therapy weekly, family & milieu therapy
- Diverse cultural, athletic & experiential activities

To learn more, please call 203.245.2778 or visit our website www.groveschool.org

COURAGE • INTEGRITY • COMMITMENT • ACCOUNTABILITY
CONSIDERATION • LEARNING • OPEN MINDEDNESS







Seen N Heard...

The following updates were sent to Woodbury Reports during the month of September.

News:

Jack Sinclair, the Executive Producer and creator of the film "12" announced this film is now available in DVD. This 44 minute educational documentary recounts the progression of illness of 20 young adults, from the excitement of experimentation to the tragic and often degrading consequences of their addiction.

Benchmark has teamed with Power2Innovate, the Inland Empire Computer Training Center, in developing a program that will prepare Benchmark students to master the skills necessary to be "job ready" for a future profession as a Computer Network Technician, providing them with six IT Certificates upon course completion.

Seven intrepid middle-school students and staff from Cherokee Creek Boys School in Westminster, SC recently hiked the Foothills and Chattooga River Trails, canoed section 2 of the Chattooga River and completed a service project by cleaning three popular camping sites along the way. The trip, conceived and planned by two 12-year old students, was an initiative to earn their Boy Scouts of America 50-Miler award.

Remuda Ranch Programs for Eating and Anxiety Disorders reported that in the past five years, self-injury, particularly cutting oneself is becoming more prevalent among eating disorder patients.

John Rueben continues fundraising efforts in memory of his son.

Greenwich Education Group owners, Vicky and Peter Newman have reached an agreement with Catherine "Cat" Jennings, executive director of Lake House Academy, to sell their interest in the academy to Jennings for an undisclosed sum.

Fieldstone Academy has completed the acquisition of a new campus.

New Beginnings at Seven D's Ranch opened its doors in January of 2008 as a licensed residential support ranch taking only five young men between the ages of 14 and 17. Now just less than two years later they are excited to announce that they have doubled capacity and added a program for young women, which will expand the capacity to 10 youth.

