institutions. He has over 50 publications in the field of neuroscience. Director of the Adolescent Program, Melody Vaitkus, Ph.D., has significant experience with treating mood disorders and substance abuse. She worked in community mental health prior to her employment at River Centre Clinic. River Centre Clinic is accredited by the Commission on Accreditation of Rehabilitation Facilities

River Centre Clinic uses a highly specialized treatment plan for each client in order to fit the needs and issues of the individual. This plan is formulated through a comprehensive clinical assessment following admission to the program. The treatment plans used by the program follow the Enhanced Cognitive-Behavioral Therapy Model and are specific to eating disorder issues. The plan can be modified or re-structured as the patient progresses. There is an emphasis on family involvement in the treatment and recovery process as well as group and individual therapies. Children and adolescents who need to attend school while in the program are provided with an education plan that may include attendance in the Sylvania school district or correspondence courses.

The treatment facility is located in a suburb of Toledo, Ohio and is a short walk from shopping and entertainment venues. Family and friends are welcome and encouraged to visit patients in the program.

[This information came from the River Centre Clinic website.]

God grant me the serenity to accept the people I cannot change, the courage to change the one I can, and the wisdom to know it's me.

~ Author unknown

Tarzana Treatment Centers, Inc.

Tarzana, California
Stewart Sokol, Director of Youth Services
800-996-1051
treatment@tarzanatc.org
www.tarzanatc.org

Founded in 1972, Tarzana Treatment Centers operates ten locations to provide alcohol and drug, mental health treatment, and HIV/AIDS services for youth ages 12 to 17 and transitional age youth 18 to 23. The residential program utilizes the 12 Step programs of Alcoholics Anonymous and counseling. Youth with sexual issues, those who are actively suicidal, violent tendencies and a history of or propensity for starting fires are not accepted.

Founder and President of Tarzana Treatment Centers is Scott Taylor, who prior to opening the facilities gained years of business experience as well as earning a Juris Doctor degree from Loyola Law School in 1969. Director of Youth Services, Stewart Sokol, Ph.D., has been with the program since 1999 and has been featured in Who's Who in Healthcare as well as Who's Who in the World. He has also served as the director of South Bay Free Clinic's HIV/AIDS program, an advisory board member of Harbor-UCLA Medical Center Women's Healthcare Clinic, and a supervisor of the National AIDS Hotline. Tarzana Treatment Centers are fully licensed by the state of California and accredited by the Joint Commission on Accreditation of Health Care Organization.

The Youth Services program at Tarzana Treatment Centers includes detoxification, residential and day treatment, outpatient therapy, and an accredited on-site school for residential patients.

CONTINUED: **TARZANA/** 8

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