

institutions. He has over 50 publications in the field of neuroscience. Director of the Adolescent Program, Melody Vaitkus, Ph.D., has significant experience with treating mood disorders and substance abuse. She worked in community mental health prior to her employment at River Centre Clinic. River Centre Clinic is accredited by the Commission on Accreditation of Rehabilitation Facilities

River Centre Clinic uses a highly specialized treatment plan for each client in order to fit the needs and issues of the individual. This plan is formulated through a comprehensive clinical assessment following admission to the program. The treatment plans used by the program follow the Enhanced Cognitive-Behavioral Therapy Model and are specific to eating disorder issues. The plan can be modified or re-structured as the patient progresses. There is an emphasis on family involvement in the treatment and recovery process as well as group and individual therapies. Children and adolescents who need to attend school while in the program are provided with an education plan that may include attendance in the Sylvania school district or correspondence courses.

The treatment facility is located in a suburb of Toledo, Ohio and is a short walk from shopping and entertainment venues. Family and friends are welcome and encouraged to visit patients in the program.

[This information came from the River Centre Clinic website.]

God grant me the serenity to accept the people I cannot change, the courage to change the one I can, and the wisdom to know it's me.

~ Author unknown

TARZANA TREATMENT CENTERS, INC.

Tarzana, California
Stewart Sokol, Director of Youth Services
800-996-1051
treatment@tarzanatc.org
www.tarzanatc.org

Founded in 1972, Tarzana Treatment Centers operates ten locations to provide alcohol and drug, mental health treatment, and HIV/AIDS services for youth ages 12 to 17 and transitional age youth 18 to 23. The residential program utilizes the 12 Step programs of Alcoholics Anonymous and counseling. Youth with sexual issues, those who are actively suicidal, violent tendencies and a history of or propensity for starting fires are not accepted.

Founder and President of Tarzana Treatment Centers is Scott Taylor, who prior to opening the facilities gained years of business experience as well as earning a Juris Doctor degree from Loyola Law School in 1969. Director of Youth Services, Stewart Sokol, Ph.D., has been with the program since 1999 and has been featured in Who's Who in Healthcare as well as Who's Who in the World. He has also served as the director of South Bay Free Clinic's HIV/AIDS program, an advisory board member of Harbor-UCLA Medical Center Women's Healthcare Clinic, and a supervisor of the National AIDS Hotline. Tarzana Treatment Centers are fully licensed by the state of California and accredited by the Joint Commission on Accreditation of Health Care Organization.

The Youth Services program at Tarzana Treatment Centers includes detoxification, residential and day treatment, outpatient therapy, and an accredited on-site school for residential patients.

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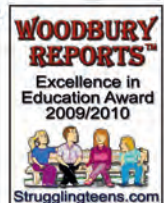
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The program includes traditional treatments like the 12 Step Alcoholics Anonymous program as well as art and recreation therapy, process groups, psychiatric services, and family therapy. The type of therapy utilized varies by patient based upon a comprehensive assessment by staff as to the individual strengths and weaknesses of the youth.

Family is strongly encouraged to be part of the program to provide support in the healing process through therapy sessions.

[This information came from the Tarzana website.]

CALVARY RANCH

Lakeside, California
Tom McAloon, Co-founder/Director
800-404-2258
www.calvaryranch.org

Founded in 1975, Calvary Ranch is a drug and alcohol program for both men and women aged 18 and over. The program is spiritually based and utilizes life-skills classes and seminars as well as group fellowship and counseling. Clients who enroll in this program must be completely detoxified and not experiencing withdrawal symptoms prior to entry into the program. Women past the fourth month of their pregnancy are not eligible for admittance. The program lasts a minimum of 14 days with a recommended stay of 30 days and a maximum of 90 days.

Founders and co-directors of Calvary Ranch are Pastor Tom and Paulette McAloon. Prior to opening Calvary Ranch, the couple started three Rescue Missions in San Francisco and San Diego in 1972. With this experience they developed the program utilized by Calvary Ranch. The couple lives on site and works with clients as well as providing leadership for other staff. Calvary Ranch is licensed by the State of California Department of Drug and Alcohol Programs and employs certified substance abuse counselors.

The highly faith-based program utilizes three components, seeking and accepting God's support and guidance, developing discipline through daily chore routines and seminars, and interacting with and supporting fellow residents through fellowship. Both men and women are accepted to Calvary Ranch, but participate in separate programs with no contact between the two gender groups.

As part of the recovery process, residents are highly encouraged to attend church services, but not required. Family members and other visitors are also encouraged to attend services to assist and support in the recovery process.

[This information came from the Calvary Ranch website.]

Grown-ups love figures. When you tell them that you have made a new friend, they never ask you any questions about essential matters. They never say to you, "What does his voice sound like? What games does he love best? Does he collect butterflies?" Instead, they demand: "How old is he? How many brothers has he? How much does he weigh? How much money does his father make?" Only from these figures do they think they have learned anything about him. ~Antoine de Saint-Exupéry