Cinnamon Hills is accredited by the Utah Department of Human Services, JCAHO, and the Northwest Association of Schools and Colleges.

Upon admission, clients have an individualized treatment plan assembled that may include group or individual therapy, 12-Step Substance Abuse Treatment, vocational training, social skills training, physical conditioning, and life skills preparation. The plan is revaluated by the youth's treatment team as necessary to gauge adequate progress in each part of the recovery process. The youth also take the Woodstock/Johnson assessment upon admission to the program in order to test their academic placement. A team of certified teachers then prepare a Student Education Plan to address the client's educational needs. Youth in the program are constantly monitored by staff members to ensure the complete safety of the children.

Cinnamon Hills is located in southern Utah, 2 hours northeast of Las Vegas. The dryer climate produces mild winters and hot summers, allowing for a myriad of outdoor recreational activities including picnics, swimming, hiking, softball, and volleyball.

[This information came from the Cinnamon Hills Youth Crisis Center website.]

Higher Art, LLC

Manalapan, NJ
Elissa Bowes, Founder
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www.higherartnj.com

Higher Art focuses on using art therapy as a healing tool "for children, teenagers and families who have difficulty positively expressing and managing their behaviors and feelings." The various programs offered include a 6-month Art Therapy Support System, a 3-month Art Therapy Intervention Program, a Girl Power Group and providing consulting for existing programs. All art therapy programs are designed for adolescents who are struggling with low self-esteem, anxiety, depression, anger and aggression, stress, grief and loss and fears or phobias. In addition, Higher Art works with families and young people who have oppositional behaviors, social and relationship issues including divorce issues, acting out or shutting down behaviors and/or developmental and learning differences.

In describing Art Therapy, Elissa Bowes, founder of Higher Art says it "adds another dimension to self-exploration by providing a concrete tool, the created art object, allowing for an even further examination of life patterns and behaviors, through symbolic expression and metaphors."

Elissa works with emotionally challenged and at-risk children, adolescents, adults and families. Although most of her work in the past has been in New Jersey, she is open to bringing her services to other parts of the country. Elissa Bowes, MA, ATR-BC, and LCAT is a nationally board certified, registered Art Therapist and the founder of Higher Art, LLC and is a member of the American and New Jersey Art Therapy Associations. In addition to working with families and at-risk or emotionally challenged youth, Elissa is a consultant to organizations throughout New Jersey. The Community YMCA of Monmouth County, YWCA of Eastern Union County, Very Special Arts of New Jersey, the CPC Behavioral Healthcare, Children's Partial Care Program /Circle of Friends, Red Bank and Meridian Health, Manor by the Sea have all implemented Higher Art therapy into their programs.

[This information came from the Higher Art, LLC website.]

Amity Circle Tree Ranch

Tucson, Arizona
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Circle Tree Ranch is a long-term residential alcohol and drug addiction treatment program with varying lengths of stay ranging from 90 days to 14 months. This program offers treatment to those 18 and over, pregnant mothers, couples and families, who may also be struggling with co-occurring mental disorders, eating disorders, trauma or PTSD, have a gambling addiction, are victims of violence or are involved with CPS or the criminal justice system.

Founded in 1969, Amity Circle Tree Ranch, originally known as Tucson Awareness House, currently has treatment programs in California, Arizona and New Mexico. Rod Mullen is the President and CEO; Naya Arbiter is the creator of the current curriculum and has been with Amity since 1981. Together with Rod Mullen, Bette Fleishman and Fernando Mendez, Naya has created a unique program that allows parents to bring their young children (from birth to 8 years old) to the treatment facility, where they attend daycare or the community elementary school.

Circle Tree Ranch utilizes the 'Extensions Curriculum' in which students study topics that include family dynamics, trauma, prejudice, violence, individual strengths, moral development and emotional literacy in addition to the basics of the 12 step program and group circles, topic based workshops and the utilization of community, friendship and family in the student's recovery process.

Circle Tree Ranch is located on a 56 acre campus that includes semi-private residential accommodations, a dining area, Gathering Hall, meeting and group rooms, state of the art fitness center and walking trails, volleyball and basketball courts, swimming pool, music and art rooms, authentic Native American sweat lodge and an outdoor pavilion for weekly celebrations and ceremonies.

[This information came from the Circle Tree Ranch website.]