patients diagnosed with depression, eating disorders, anxiety disorders, obsessive and compulsive disorders, CBT, addictive disorders and co-occurring psychiatric disorders, in addition to OCD exposure and response prevention, sexual addictions and impulse control disorders.

Patients have access to an onsite fitness center and gym, yoga and supervised exercise, expressive and recreational therapies and many pathways and sidewalks that meander through the 36 acre, park like setting that Lindner Center of Hope is situated on.

[This information came from the Lindner Center website.]

Eagle Quest: A Hero's Journey

Las Vegas, Nevada
Jon Shute, PhD, Director
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Eagle Quest of Nevada is a nonprofit organization for male and female clientele, age's infancy to early childhood needing a safe family environment in a foster home program, day treatment services, therapeutic services, high adventure activities or their new four stage adventure program: The Hero's Journey. The Hero's Journey is for at risk youth, ages 11-18, who struggle with substance abuse, involvement with criminal activity which may include gangs and drugs, school disruptions, truancy, poor grades and lack of school credits, out of control behaviors at home or in the community, the need for parental guidance and home structure.

Eagle Quest was founded in 2003 by Ray and Leslie Tippetts. Sarah Hopcia is the Program Supervisor and Jon Shute, PhD is the Director of The Hero's Journey program. Eagle Quest has recently partnered with Blueprint Education which has aligned the program content to the Nevada State Educational Standards, whereas students are now eligible to earn up to 1.0 credit for physical education, 0.5 credit of health and 0.5 credits of English.

The Hero's Journey offers students the opportunity to "shed their old identity" and achieve positive thinking and self confidence through weekly therapy, service projects and intense physical activity that includes hiking, backpacking, climbing and other mountaineering courses. This combined with the academic work allows students to build on positive goals including: leadership, trust and teamwork, responsibility, accountability and respect for themselves and others.

[This information came from the Eagle Quest website and their brochure.]

Eastwood Center

Logan, UT
Lindy Smith, Director of Admissions
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www.mhsinc.org/eastwood-center

The program is an adolescent residential program for boys and girls ages 13-17. Most of the adolescents in the program are having difficulties in the home, community, and school due to emotional and behavioral problems. The program serves up to 20 youth and it is with a 9-12 month average length of stay. Located in the Cache Valley community of Logan Utah, Eastwood Center offers a caring and safe environment to meet and address the specialized needs of each youth.

The Eastwood Center is owned and operated by Mental Health Systems, Inc. They are a not-for-profit organization founded in 1978. The program is licensed by the State of Utah, the Department of Human Services, and a member of the National Association of Therapeutic Schools. While the children are in the residential program, their educational services are provided on site by Logan River Academy. The school is accredited by State of Utah and the National Association of Accredited Schools. James M. Lepanto, MFT is the Senior Vice President of the Mental Health Division of the company. He has administrative responsibility for MHS's diverse funding and service delivery portfolio for Child, Adult and Family Mental Health programs throughout California and Utah. Lindy Smith is the Director of Admissions for the Eastwood Center.

The Eastwood Center provides a comprehensive array of services specifically designed to meet each client's needs. They offer individual, group and family therapy, co-occurring treatment for mental health and substance abuse, individualized treatment interventions that specifically meet the unique needs of each youth and successful family and community reintegration. To enhance the clinical benefits of treatment they use expressive and recreational therapies and activities. Some of these activities may include art, yoga, music, and organized sports.

[This information came from the Mental Health Systems, Inc. website]

Bow Creek Recovery Center

Caldwell, Idaho
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Bow Creek's addiction treatment programs serve men and women 18 years of age and older. Their programs are specialized consisting of thirty, sixty, and ninety days of treatment and recovery support. All of the programs are specifically designed for the client's particular addiction problem and structured to your individual needs to ensure that you get the help and support you need.

Bow Creek Recovery is a fully licensed addiction treatment program and is located in of Caldwell, Idaho. The counselors at BCRC hold Master's degrees and have worked in the field of addiction for many years. They provide multilevel approaches combining various treatment modalities in order to create the strongest likelihood for positive change, resulting in long-term sobriety. They are able to offer a very thorough addictions treatment. The services include Intervention, Medical Detox, Substance Abuse and Alcoholism, Treatment, Gambling Addiction Treatment, and Co-occurring Disorders such as depression, and anxiety. They use an enhanced version of the 12 – step program with holistic treatments designed to heal body, mind, and spirit.

At Bow Creek Recovery Center provides a relaxing and therapeutic environment in a very intimate setting. They have a small number of clients and are able to provide each client with a significant amount of individual attention as well as the privacy of a small therapeutic environment. Family support services and individual and group therapy are available and they focus on cognitive self-change, holistic Approaches, and Addiction Education. BCRC's extensive Aftercare Plan and Alumni programs are included with every addiction treatment program we offer.

(This information came from the Bow Creek Recovery Center website.)