

The march of science and technology does not imply growing intellectual complexity in the lives of most people. It often means the opposite.

~ Thomas Sowell

## WOLF CREEK ACADEMY

Mars Hill, NC  
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Wolf Creek Academy is a therapeutic boarding school for girls and for boys ages 13 - 17 with behavioral therapy problems. Located in the mountains of western North Carolina, Wolf Creek Academy is designed to improve behavior for teenagers with a history of behavioral difficulties, loss of academic performance, strained family relationships, or emotional or substance abuse issues. They are a faith-based program with the goal of instilling integrity, accountability, responsibility, and character while providing the teen girl or boy behavioral counseling and an education. The average length of stay is six months to one year.

The Wolf Creek program was originally founded in 2002 under the name of Harbor Oaks Boarding school, by Executive Directors,

Jim and Dr. Pat Jones. Dr. Pat Jones has a Master's Degree and Doctorate of Philosophy in Clinical Christian Psychology through Cornerstone University in Lake Charles, LA, and a BA degree in Clinical Christian Counseling from Calvary Theological Seminary in Jacksonville, FL. Group sessions are conducted regularly by Licensed or Certified Counselors, and individual counseling is also available on a weekly. Certified teachers work in small classrooms providing academic support. Education and counseling for the whole family is included in the therapeutic treatment plan for a successful transformation of the struggling teen.

Wolf Creek Academy, a dual enrollment partner with Lighthouse Christian Academy, is accredited through the Southern Association of Colleges and Schools and the Council on Accreditation and School Improvement (SACS CASI). Students attending on campus use the A.C.E. Curriculum and will receive an accredited transcript and upon graduation a diploma. Credits are transferable to most other schools and universities. The school is on-site where the students learn in a small class environment offering individualized attention.

*[This information came from the Wolf Creek Academy website]*

## DAYSPRING RTC

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DaySpring RTC accepts adolescent girls of secondary school age (12 to 16 years) who have experienced the trauma of abuse. DaySpring RTC accepts 12 girls at one time with an average length of stay of six months. At DaySpring RTC, a safe and structured environment is created offering clinical excellence in the context of caring relationships through trauma and recovery groups, general group therapy, individual therapy, family therapy, psycho educational groups, and a variety of recreational therapies.

DaySpring Residential Treatment Centre is set up and managed

by HighPoint DaySpring. Alice Heng founded the counseling center in 2006, before she passed away from a rare type of cancer. DaySpring is a self-funded initiative under Highpoint Community Services Association. They are a member of the National Council of Social Services and recognized as an Institution of Public Character.

The program is relationship based and works on a values based levels system. In working through these levels the adolescent girl will take positive control of her life by changing from being externally motivated to becoming internally motivated, which leads to a more sustainable change. The Treatment Center brings hope and healing to young teenage girls who have experienced the trauma of abuse, whether it be physical, sexual, emotional, or neglect. With a "team based approach" where all residential staff and clinical staff are working with the student to achieve her therapeutic goals. As the teen moves toward completion of the program, she will prepare more for her transition back into her family environment.

*(This information came from the DaySpring Highpoint website.)*

## SEEN N HEARD...

**Uinta Academy Announces Staff Updates:** Jeff and Becky Simpson, owners and founders of Uinta Academy, are pleased to announce the promotion of two key team members and the introduction of a new therapist. Russ Pryor, LCSW, MBA, has been promoted from Primary Therapist to Associate Executive Director. Russ has been with Uinta Academy since March, 2011. Adaleen (Adie) Krambule, MA, CMHC, NCC, has been promoted to our Clinical Director position. Adie has been with Uinta Academy since 2006. In addition, Hollie Archibald, PhD, joined the clinical team at Uinta Academy in December of 2012. She is a licensed psychologist who has worked with youth and adults in various settings throughout her career, including schools, community mental health centers,

private practice, hospitals, juvenile detention centers, and most recently, residential treatment centers. 435-760-3445

**Oakley Welcomes Spanish Exchange Students:** For the past decade Oakley has participated in an exchange program with a small school in Huesca, Spain. This past spring, a group of Oakley students traveled to Spain to visit our sister school. In return Oakley School students welcomed a group of nineteen Spanish students to campus for eight days in early December. 435-783-5001

**The Benefits of Single Sex Education:** As a firm believer that boys

Continued: SEEN N HEARD/ 10

and girls are wired differently, Tim Viands of Grand River Academy strongly feels that we are doing a disservice in teaching our kids in a cookie cutter way. Tim discussed with Lon Woodbury the benefits of a single gender model of education versus the options of a 'co-ed' education. 440-275-2811

**Adolescents Often Safer In Wilderness Than At Home:** According to the Outdoor Behavioral Healthcare Research Cooperative (OBHRC), directed by Dr. Mike Gass, the public perception of outdoor behavioral healthcare programs can be misconstrued as dangerous and unsafe. This perception can often be linked to a lack of knowledge regarding this innovative method of treatment, unfamiliarity with the extensive risk management techniques used in such programs, the inappropriate practices of less developed yet seemingly similar programs, and the vulnerable and problematic states of many of its clients. 603-862-2024

**Woodbury And Sapp Interviewed Nationally Following Tragic Shootings:** With the tragic killings of 20 innocent children Friday, December 14, 2012 in Newtown, CT, the subject of mental illness is the hot topic affecting many families, schools and professionals across the United States. Huff Post Live, Lon Woodbury, an Independent Educational Consultant and Founder of the web-based resource StrugglingTeens.com, was one among a panel of guests invited to address the topic. The panel also included Dr. Andy Sapp, PhD, President/Founder of Cherry Gulch, a therapeutic boarding school for boys in ID, Christina Shaver, a mother of a special needs child from IL, Steven Dickstein, a Pediatric Psychopharmacologist from NY and Brian Lombrowski, co-chair of the Youth Advisory Group for the Building Bridges Initiative, and former President of the Community Alliance for the Ethical Treatment of Youth. The panel discussed what we can do as a nation to help families and children struggling with mental illness. 208-267-5550

**Aspiro Speaks Out On Asperger's and CT Tragedy:** We at Aspiro, like all parents and professionals who dedicate their working lives to helping children, were extremely saddened by the recent mass shooting in Connecticut. Do people with a diagnosis of Asperger's or Autism lack empathy and did this contribute to the shooter's actions? In Gordon Day's experience, the idea that those with Asperger's do not desire social relationship is a myth. Read the entire letter at:

[www.strugglingteens.com/artman/publish/AspiroBN\\_121218.shtml](http://www.strugglingteens.com/artman/publish/AspiroBN_121218.shtml)

**Sober College: From Residential Treatment To Independent Living:** One of the biggest challenges for young adults in a residential addiction treatment program is transitioning from treatment back into everyday life. While most treatment programs focus solely on the residents' addiction and getting them off drugs and alcohol, Sober College's dual-diagnosis drug treatment curriculum is different. 818-274-0304 ext. 107

**Right Turn Announces Gerry Cotter Scholarship Fund:** Right Turn has grown to become a main support for so many creative people in the community seeking recovery and professional services for substance abuse, alcoholism, and mental health. The Gerry Cotter Scholarship Fund, which assists with the funding of treatment to someone who desperately needs it but cannot afford the cost was recently established. Gerry was one of the beloved therapists, who passed away in 2010. His presence touched many lives and helped many friends. 781-646-3800

**Dr. Feder Joins Aspen Counseling:** The newest psychiatrist to join

Aspen Counseling and Consulting is Dr. Susan Feder. Dr. Feder has extensive experience in the psychopharmacologic treatment of children, adolescent and adults. Her areas of interests and expertise are: ADHD, PDD/autism, depression, anxiety, PTSD, and bipolar disorder for patients ages 2 to 55. 815-387-5605

**Dr. Melillo Discusses DSM-V Changes In ASD Terms:** How Will The DSM-V Autism Changes Affect Children. The DSM-5 will use autism spectrum disorder (ASD) as an umbrella term to cover mild to severe forms of autism, eliminating the terms Asperger's Disorder and Pervasive Developmental Disorder Not Otherwise Specified (PDD-NOS). According to the APA, the widening of the term is an effort to more accurately diagnose all individuals showing signs of autism. 312-854-8816

**ISPA Announces Cedar Ridge As New Member:** Andy Anderson, MRA, Founder and President of ISPA announced today that Cedar Ridge Academy has become a member of the Alliance. Cedar Ridge Academy has a 16 year history of excellent service to families and young people in need of top level residential, educational and clinical services. 727-512-9144

**Eating Recovery Center Offers Holiday Treatment Resources:** In response to the anxiety that can accompany heightened exposure to food-centric gatherings of friends, family and colleagues, treatment professionals often observe an escalation of eating disordered thoughts and behaviors and lapses in recovery during this time of year. Throughout the holiday season in 2012, Eating Recovery Centers operated uninterrupted treatment programming throughout the holiday. 877-218-1344

**OBHIC Announces 2013 Wilderness Symposium:** Mark your calendar now for the 2013 OBHIC Wilderness Therapy Symposium. The Symposium will be held Thursday, September 5 - Saturday, September 7, 2013.

**Echo Springs Focus On Safe Zone:** Echo Springs hosted officials from the University of Idaho Human Rights office and the LGBT office to conduct a Safe Zone training for the entire faculty. 208-267-1111

**Cottle Joins CALO As Outreach Coordinator:** CALO is pleased to announce the hiring of Caleb Cottle as Program Outreach Coordinator. He was our Program Director and Recreation Therapy Supervisor for five years before leaving for a short time to set up schooling for an MBA. After that brief period away, Caleb is back to meet with referral sources from Kansas City to California as he coordinates their requests for information and access to CALO leadership. In addition to referral source duties, Caleb will be in charge of our alumni council. He will also keep his hand in day to day operations through direct care trainings with supervisors and front line coaches. 866-459-1362

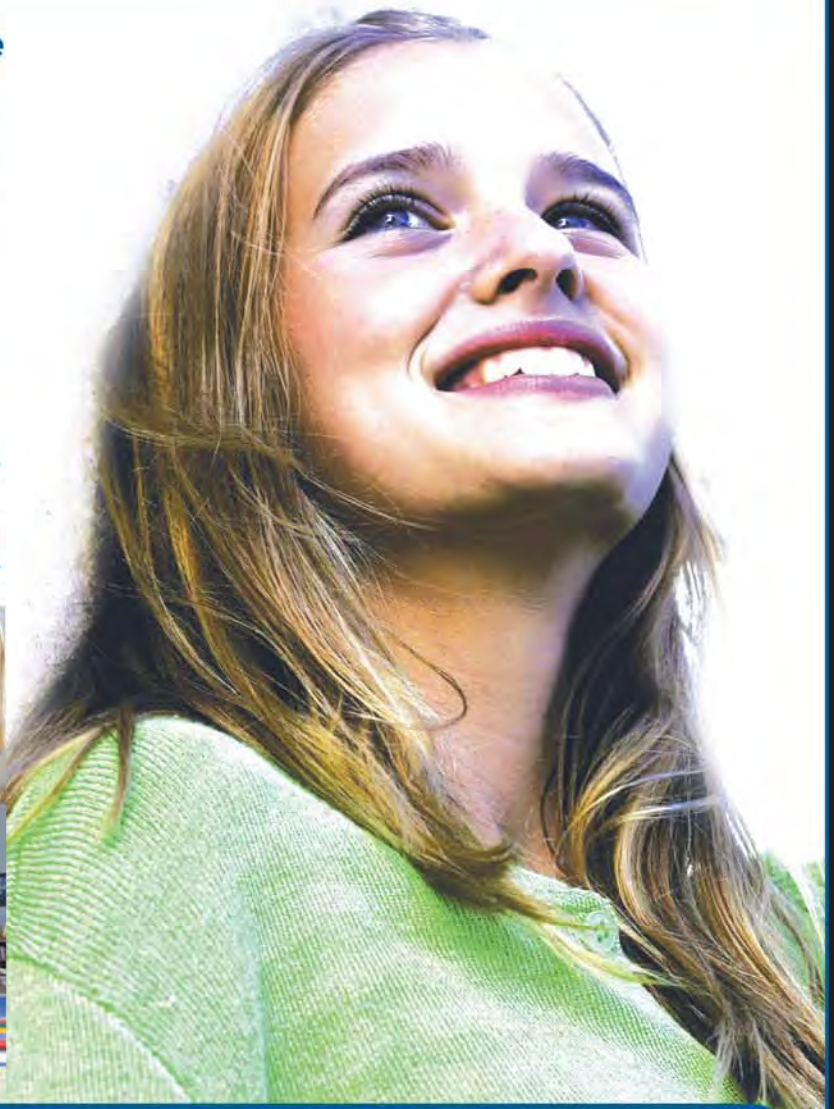
**Rosecrance Expands Marketing Team:** Rosecrance announced that two new members have joined the marketing team. The first is Carla M. Chludzinski, Community Relations Coordinator, MSW, LCSW. Next is Rev. James E. Swarthout, Clergy Community Relations. 815-387-5605

**Q&A Associates Launches Willow Creek Lodge:** Willow Creek is one component of Q & A's programming that offers a complete continuum of care for young adults. Willow Creek Lodge is a retreat program for young adults (18-26 years old) just west of Asheville, North Carolina. This intensive 30-45 day program combines cutting-edge clinical interventions with a strength-based focus on brain biology, mindfulness, and health and wellness. 304-642-9070

We have so many positive  
things to talk about.

# SHE'S ONE OF THEM.

VISIT MONTCALM SCHOOL & DISCOVER  
THE DIFFERENCE WE CAN MAKE.



*Montcalm*  
SCHOOL  
FOR BOYS AND GIRLS

If you haven't taken a look at Montcalm School lately, you should. We have so many remarkable things happening to serve you and your clients better. For starters, we now offer on-site psychiatric supervision and individual counseling. In addition to our traditional therapeutic boarding school, our innovative programs – including the Outside In program for youth on the autism spectrum, now serving both boys and girls, and Structured Transitional Living – are helping youth reach their potential. Our proven treatment model, based on nearly 100 years of success, focuses on the child's strengths, giving them the tools needed to transform their lives academically, behaviorally and socially.

Montcalm School sits on a beautiful 350-acre campus in Albion, Michigan. To view a virtual tour, visit us at [montcalmschool.org](http://montcalmschool.org).

866.244.4321  
[www.montcalmschool.org](http://www.montcalmschool.org)

Montcalm School is SEVIS approved.  
Montcalm School is a private therapeutic boarding school  
and a program of Starr Commonwealth, trusted since 1913.

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## SEEN N HEARD

**Monarch Transitions Now Open:** Michelle and Patrick McKenna, founders of Monarch School and Monarch Transitions, are really excited to share that Monarch Transitions is now open. Monarch transitions offers additional support for graduates from Monarch, other programs or young adults transitioning from home to college to practice skills they've learned to live independently in a larger community. 406-847-5095

**Ashcreek Ranch Recommended For Full Accreditation:** Ashcreek Ranch Academy was recently recommended to the Northwest Accreditation Commission (NWAC) as a candidate for accreditation, the first hurdle in the process toward full accreditation. Mr. Rob Stillwell, a representative of the Utah State Office of Education accreditation committee, announced his positive findings to the staff at ARA after determining the school's accreditation readiness. 435-215-0500

**Rainer Admissions and Marketing Coordinator At Shortridge:** Shortridge Academy owner and co-founder, Katie Rainer has recently moved into admissions and marketing position. Since Shortridge opened its doors in November of 2002, Katie has been working within the milieu as a residential staff, overseeing off-campus activities and special programming for female students. Starting this month, Katie will be supporting the admissions and marketing functions assisting Don Vardell with parent and referral source tours, marketing events and communications support. 877-903-8968

**Redemption Christian Academy Expands To Linden Hill Campus:** Redemption Christian Academy has been in search of a rural campus for expansion of our successful boarding program. We are excited to announce that Redemption Christian Academy is

presently contracted to purchase the former Linden Hill School, recently closed in June. 518-272-6679

**Chaddock Featured On Illinois Stories:** Chaddock was featured on the Emmy award winning series Illinois Stories on Thursday, December 6, 2012. Host Mark McDonald was on campus and conducted several interviews with Chaddock staff and parents including President/CEO Debbie Reed. 217-222-0034 ext 324

**CooperRiis Welcomes Dr. Caston To Clinical Team:** CooperRiis Healing Community welcomes new Psychiatrist J. Christopher Caston, MD - Expert and Dedicated Member of our Clinical Services Team. Dr. Caston is Board Certified by the American Board of Psychiatry and Neurology and is licensed in both North and South Carolina. He has an extensive knowledge and background in bio-chemistry, including presenting papers at international research conferences. 800-957-5155

**Whetstone Academy Names Advisory Board Chair:** As Whetstone continues to march through its second year of operation, it is pleased to announce the formation of an Advisory Board. This Board will be chaired by Mr. Todd W. Singer, father of Whetstone Academy's first graduate. 864-638-6005

**Mlinarik Leads Trek With Treehouse Learning Community:** Kim Mlinarik and Eric Fulgenzi in conjunction with Treehouse Learning Community, took a group of young adults to Costa Rica. 208-352-2242

**Youth Care Welcomes Falatea As Admissions Director:** Youth Care is excited to announce the appointment of Charles Falatea as the new Admissions Director. Charlie has been working in the mental health field for over nine years. He has held various positions in his career ranging from Residential Counselor, Shift leader, Positive Control Systems Trainer and Residential Supervisor. He has been employed with Youth Care since 2005 and has emerged as a phenomenal trainer, communicator and ultimate team player. 800-786-4924

**Academy At Trails Carolina Welcomes Stang:** Trails Carolina is pleased to welcome Jon Stang to the Academy. Jon is excited to jump in, meet the boys and integrate his clinical expertise in outdoor adventure and leadership to further enhance programming at the Academy. 828-885-5920

**FAMILY SCHOOL UPDATES:** Paul Geer, musical director at The Family Foundation School, conducted a choir of 100 high school singers, including 18 from FFS, on stage at Carnegie Hall in December. The event was the world premiere of The Christmas Rose by composer Tim Janis. Geer has brought The Family Singers to the national stage in the past through his collaborations with Janis, including performances of Celebrate America in 2009, America Christmas Carol in 2010 and Night of the Shepherds in 2011. In addition, a group of mail FFS students were among the scores of volunteers who pitched in with relief efforts last month following Hurricane Sandy. Led by four FFS staff, the group spent a day in Queens and Long Island, New York helping devastated residents clear out debris from the storm. The school also contributed blankets, fire logs, coats, jackets, socks and Home Depot gift cards as part of a larger relief effort. Finally, Dr. Gerald Janauer, Academic Dean at The Family Foundation School, announced that 11 students received high school diplomas at graduation ceremonies on December 22. The Family School graduates earn their diplomas by completing a character education curriculum as well as meeting standard academic requirements.

### PLACES FOR STRUGGLING TEENS™

published by Woodbury Reports, Inc.

**Lon Woodbury, Publisher** - IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the *Parent Empowerment Handbook*,™ a resource of *Places for Struggling Teens*.™

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ISSN: 1540-3718