Places for Struggling Teens™

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"It is more important to get it right, than to get it first."

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(Articles and infromation appearing in this publication are the opinions of the authors, and do not necessarily reflect the opinions of Woodbury Reports, Inc., StrugglingTeens.com.™ or it's staff. We urge our readers to conduct their own investigation of the products and services identified herein.)

Parent Choices For Struggling Teens:

Dennis Coates, PhD
CEO/Founder
ProStar Coach

Perry LaRogue, PhD
Founder/ President
Mansfield Hall

Annette Poizner, CSW
Therapist
Master Graphologist

Hilarie Cash, PhD
Founder
reStart

Stephen Cessario
Founder
CT Youth Mentoring 4

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The Top 110 Schools and Programs



By: Lon Woodbury, MA, CEP, IECA

The list of the top 110 Schools & Programs in the network of private parent-choice residential schools and programs for struggling teens for 2013 is out.

On the list of schools and programs are those that have the best reputation among Independent Educational Consultants who make a living helping parents find the best school or program for their children needing that kind of residential help.

Every year we survey the leading Independent Educational Consultants asking them to mark those schools and programs they feel provide an effective and safe intervention for the appropriate children. What we are doing is measuring the reputation of these schools and programs among picky and demanding professionals who are always looking for good quality. Making good recommendations is how their educational consulting practices survive. We collate the responses for the more than 500 schools and programs we are trying to track, score and rank them. The following are those that scored in the top one hundred and it would be a fair statement that there is a consensus that these are good quality schools and programs, of course for the appropriate child.

Our sincere thanks to the following Educational Consultants who generously shared their time, thoughts and experience about which schools and programs should be included in this Edition. The final decision for inclusion of any specific school or program is based on whether or not there is a positive consensus among those professionals as indicated by our survey. The generous sharing by the following professionals gave us many new insights on which to base our inclusion decision.

Shayna Abraham, Walnut Creek, CA
Diane Arnold, Lafayette, CO
Harriett Bay, Los Angeles, CA
Judi Bessette, Nashotah, WI
Stephen Bozak, Clifton Park, NY
Linda Cain, Boulder, CO
Kay Davison, Newport Beach, CA
Loi Eberle, Naples, ID
Nancy Edwards, Skaneateles, NY
Paula Feldman, Corona del Mar, CA
Harriet Gershman, Evanston, IL
Leslie Goldberg, Braintree, MA
Renee Goldberg, Worcester, MA
Alicia Goldman, San Francisco, CA
Elizabeth Gordon, Manitowoc, WI
Jean Hague, Atlanta, GA
Lynn Hamilton, Santa Barbara, CA
Pam Jobin, Denver, CO
Lindy Kahn, Houston, TX
Paula Leslie, Columbus, OH
Anne Lewis, Santa Barbara, CA
Karen Mabie, Glencoe, IL
Nancy Masland, Tucson, AZ
Judge Mason, Sedona, AZ
Steve Migden, Roslyn Heights, NY
Martha Moses, Miami, FL
Virginia Reiss, Larkspur, CA
Judi Robinovitz, Boca Raton, FL
Marcia Rubinstein, West Hartford, CT
Marla Simon, Menlo Park, CA
Teri Solochek, West Hills, CA
Jeanette Spires, Lake Forest, IL
Larry Stednitz, Morro Bay, CA
Peter Sturtevant, Washington, DC
Pamela Tedeschi, Chevy Chase, MD
Imy Wax, Deerfield, IL

More information on each one of these schools and programs will be available in the series of digital ebooks that we will be publishing soon to replace the single print volume we have published in the past. The title THE PARENT EMPOWERMENT HANDBOOK™ we will continue to use. To be notified when they are published, please Subscribe to receive our notices.

CONTINUED: **TOP 100**/ 2

Benchmark Transitions

Life Strategies for Emerging Adults

Young Adult Transitional Living

Benchmark is a residential, co-ed therapeutic transitional living program. Our model is peergroup and community based, using a life coaching and therapeutic approach.

We offer practical application with skills-based and cognitive behavioral treatment, allowing students to learn personal responsibility and accountability through hands-on trials.

The core component of our curriculum requires a minimum commitment of six months to complete Level I and Level II. The second component of the program is optional and includes on and off property independent living, which makes the typical length of stay a total of 10-12 months. We also offer extended care programs from 12-24 months.





Dual Diagnosis Treatment

We have a Dual Treatment option...

Recovery by Benchmark students are those who have a history of substance use or abuse.

Behavioral Health is for those students who have not exhibited any issues with drugs and/or alcohol.

Both programs include our comprehensive curriculum of education, vocational & work skills, life skills and clinical treatment.

BENCHMARK TRANSITIONS

LIFE STRATEGIES FOR EMERGING ADULTS

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Redlands · CA · 92373

www.BenchmarkTransitions.com

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Dr. Melody Foxx

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WWW.LATALKRADIO.COM

Parent Choices For Struggling Teens:

The following guests appeared on Lon's Internet Talk Radio Show, Parent Choices For Struggling Teens in January 2013. The show airs Mondays at 12:00pm Pacific Time on www.latalkradio.com.

Brain Science and the Teen Age Brain

Dr. Dennis Coates has been studying the brain, how it develops and how it learns, for the past 25 years. Based on his studies, he is the author of two books of advice for teens--*Conversations with the Wise Uncle* (for boys) and *Conversations with the Wise Aunt* (for girls). He has also created an online personal development coaching system- Strong for Parenting, to help parents learn to communicate and connect with their teen.

Students on the Spectrum: Making College More Accessible

Perry LaRogue PhD, founder and President of Mansfield Hall, Burlington VT, for college students with Autism and/or learning disabilities, talks about the internal obstacles to college success these students must overcome and how they can be helped by individual support programs like Mansfield Hall.

Graphology Insight Into Personality

Parent Choices for Struggling Teens dove into the subject of graphology and the use of it and projective personality assessments in the context of psychotherapy. Annette Poizner, clinical social worker, therapist and a Master graphologist explained, "When looking at handwriting samples of clients, it is like looking at a personality thumbnail sketch. As a therapist, it accelerates the 'get to know you' stage and is really a good clinical tool. It helps the client understand who they are and where they are in the growth process."

The Light And Dark Side Of Computer Gaming

Dr. Hilarie Cash, PhD, founder of reStart, the first therapeutic program for young adults with Internet/Gaming addictions, represented the dark side of Computer Gaming, while Steven Cessario, founder of CT Youth Mentoring and Coaching, represented the light side.

All segments in January were sponsored by Spring Ridge Academy, 928-632-4602, a Therapeutic Boarding School for Girls in Arizona.

As a social evil,
the absent father is one of
the bogeys of the remedial age,
this historical period of therapy,
recovery, and social programs
that try to fix
what we do not understand.

~ The Soul's Code
James Hillman
NY: Warner Books Edition: 1996 p. 81