an individual in crisis. It provides a full continuum of intervention services, which include, initial case assessment, pre-intervention counseling and training, the intervention, therapeutic escort to treatment and post intervention counseling referrals to independent therapists for the families of the addicted individual. RIS provides intervention and treatment consultation services to families, individuals, professionals, clinicians and institutions concerned with individuals affected by acute addiction and behavioral issues. Follow-up services and aftercare consultations are also available to their clients.

Realife Intervention Solutions was founded in August 2005, by Jane Eigner Mintz, MA, LPC, BRI-II, CAI. She is the principle owner and clinician of RIS and is a licensed Professional Counselor in the State of Ohio. She holds a Master's Degree in Community Counseling from John Carroll University in Cleveland, Ohio. Jane is a member of the American Psychotherapy Association (APA), a Board Registered Interventionist (BRI-II), a full member of the Association for Intervention Specialists (AIS) and is a member of the National Association for Addiction Professionals (NAADAC). She is a member of Chi Sigma Iota, an International Honors Society for Counselors.

Jane is prepared to fly anywhere in the world to help families in crisis. She provides on-site crisis management services, brief case workups and collects collateral information about the client, treatment provider selection, arrangements and admissions, also providing therapeutic transport of client to the treatment facility. She is an internationally known speaker and trainer on the topic of Crisis Intervention and the Complex and Co-Morbid Client.

[This information came from the Realife Interventions Solutions website.]

Seen N Heard...

ADHD Specialist Disputes New Study: Dr. Robert Melillo says ADHD can be cured. A new study in Pediatrics revealed that nearly one third of kids diagnosed with attention-deficit hyperactivity disorder (ADHD) still had the disorder as adults. With the number of ADHD diagnoses toppling 10.4 million in 2010, this study exemplifies the need for doctors to work towards a cure for the childhood epidemic. However, according to Dr. Robert Melillo of the Brain Balance Achievement Centers, there already is an effective program parents and doctors can implement to eliminate the symptoms and cure ADHD. According to Dr. Melillo, there are ways to help eliminate the symptoms of ADHD and the chances of having related issues later in life are greatly minimized. 312-854-8813

FFS Presents at SBSA: Jeff Brain, MA, CTS, CEP, Dean of Admissions at The Bridge at The Family Foundation School, focused on the plight of many college freshmen in a presentation at the Small Boarding School Association annual conference held in March at the Purnell School in Pottersville, NJ. Brain, along with Mike Kowlchick, MA of The Forman School, and educational consultant Jeff Dvorak, MEd, conducted a break-out session on the challenges and opportunities for at-risk and special needs college-bound high school seniors. Noting that an increasing number of college freshmen are leaving campus prematurely due to the academic and social pressures of campus life, the presentation discussed proactive efforts to help at-risk graduating seniors, and post-graduate supports for struggling college freshmen. Brain sited the Bridge as a program that does both: helps seniors prepare academically and emotionally for college, and helps freshman balance the demands of classes and social life once they are part of the campus community. 845-887-5213 ext. 265

Continued: **Seen n Heard**/9

Second Chances for troubled teens

The Family Foundation School
Building Character. Changing Lives.®

A second chance at a first class education
- Rigorous college prep curriculum
- Individualized academic supports
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A better chance to succeed in college
. . . through *The Bridge program* for high school graduates or fifth-year seniors ages 18–20.
- Complete transition support for those entering or re-entering college
- Academic advising, transcript repair and admissions guidance
- Therapeutic counseling and recovery support
- Help with social and independent living skills
- Class options including on-site college courses
- Option of luxury student housing off campus

The Bridge
AT THE FAMILY FOUNDATION SCHOOL

For more information, contact:
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Dean of Admissions and
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Phone: 845-887-5213, x499
Cell 845-341-7403
jbrain@thefamilyschool.com
www.thefamilyschool.com

Accredited by The Joint Commission and the Middle States Association of Colleges and Schools. Charter member: National Association of Therapeutic Schools and Programs. Member: Association of Recovery Schools. The Family Foundation School is a private, New York State registered boarding school situated on a scenic 150-acre campus in the western Catskills.

Accredited by
The Joint Commission

Seen N Heard

Staff Changes At Sierra Tucson: In the last few months, some leadership changes have occurred. Dr. Robert Johnson left Sierra Tucson at the end of December after four and a half years of service and many contributions to the organization. Jerry Lerner, MD has been appointed Interim Medical Director. Additional staff recently joining Sierra Tucson include Mayday Levine-Mata, PsyD as the new program director in November and Dr. Nia Sipp joined the medical team in December 2012. Sierra Tucson also announced their partnership with Somatic Experiencing Trauma Institute and the completion of a $1.7 million capital improvement project. 800-842-4487

Haycraft of NW College Support Visits Woodbury Reports: Kaela Haycraft, Admissions Director for Northwest College Support, drove up to visit Lon Woodbury at Woodbury Reports recently. During her visit, she introduced her program, Northwest College Support. This program exists to help young adults transitioning from treatment programs, wilderness programs, and leaving their home environment. 877-485-2776



Holloway Joins Skyland Trail Admissions Team: Skyland Trail recently welcomed Jeffrey S. Holloway to the admissions team.As a member of the admissions team, Holloway provides information about the integrated treatment program at Skyland Trail to potential clients and their families and conducts admissions assessments. In addition, Holloway employs his extensive background with the independent education community to build connections between Skyland Trail and educational consultants, school counselors and other professionals who may work with teens and young adults in need of residential or non-residential psychiatric treatment. 404-273-6054

Mountain Springs Preparatory Academy is Growing: Mountain Springs Preparatory is excited to announce our new 4,900 square foot Academic and Administrative building, conveniently located only a minute away from our main campus. With this change, Mountain Springs is able to expand the number of students we can currently enroll. 435-691-0245

Census Up At John Dewey Academy: Ken Steiner, Head of School, and Andrea Esperat, Dean of Students, oversee the day to day operation of John Dewey Academy. Under this leadership, the mission of serving bright but alienated and underperforming adolescents remains unchanged. Caring confrontation and a positive peer culture continue to be cornerstones of the program. The census continues to strengthen; headcount today is 42% higher than two years ago. In fact, due to an influx of male students, we were forced to stop taking new male students for a period of time in the latter half of 2012. As we anticipate the graduation of the Class of 2013 this June, we have been able to re-open admissions to male students. Another exciting development has been the hiring of a new History and Politics teacher, Evan Hutchison, a 1996 graduate of John Dewey. 917-597-7814

FFS Explores Spiritual Options For Students: For years, students at The Family Foundation School attended morning chapel services conducted by a diverse group of dedicated local clergy. But we recognize there are other ways to engage with one's spiritual self and get in touch with a Higher Power. So we recently replaced mandatory morning chapel with a period of daily spiritual exploration for all students, giving them a choice of chapel service, quiet meditation, guided meditation, or service activity. 845-887-5213 ext. 265

Willow Creek Lodge Features Mindfulness with Dr. Larry Cammarata: Willow Creek features mindfulness workshops as one of our tools in helping our clients achieve emotional regulation and to support what our clients are gaining in the neurofeedback sessions. With the inclusion of a mindful movement component, the mindfulness workshops provide a platform for somatic education, which is being increasingly researched by academic institutions, and applied in the context of coping with stress and healing from trauma. Mindful movement education also provides an opportunity for our clients to develop a sense of competency and self-mastery. The mindfulness workshops at Willow Creek Lodge offer our clients an inspiring opportunity to learn skills related to the balancing and healing of the mind, body, emotions, and relationships, nothing short of the whole person. 207-356-0930

Legacy Outdoor Adventures announces Legacy Protégé: In order to help differentiate its young adult program from its adolescent program, Legacy Outdoor Adventures has named its adolescent program Legacy Protégé. Since Fall 2012, Legacy Protégé has been treating 16-17 year old boys who are dealing with substance abuse and co-occurring mental health issues, using the same basic model that has proven to be effective with our young adult clients.435-836-2272

Updates from Skyland Trail: Client and family participation in all of our services increased in 2012, and we welcomed more clients to our campuses than ever before. Skyland Trail expanded treatment hours for individual and group psychotherapy at the main campus, which helped accommodate the growing client community and allowed more advanced and specialized groups. Carlyle Bruce, PhD, joined Skyland Trail as a full-time psychologist, increasing the capacity for family therapy and psychological testing. In addition, Skyland Trail added 24-hour nursing to the north campus. Now both South and North residential campuses have a registered nurse onsite 24 hours a day. 404-315-8333

Who Is Leading Aspiro: In our continuing efforts to offer the best services to our clients we have restructured our Leadership Team. Brian Church is President of the Aspiro Group. Gordon Day is Executive Director, Josh Watson is Director of Admissions & Marketing and Woody Crowell is Program Director. 801-819-2353

Browning Clinical Supervisor At Lakeview Girls Academy: Youth Health Associates would like to introduce our new Clinical Supervisor at Lakeview Girl's Academy. We are very pleased and fortunate to welcome Nick Browning as the new therapist for our young women. Nick received a Masters degree in Social Work from the University of Utah with an emphasis in substance abuse. In his last year of the Masters program he chose the forensic social work domain of study. During this final year of study he developed an interest in working with at risk youth involved in the criminal justice system.801-628-6160

Mlinarik's Report Of Trekking Abroad At New Year: Kimberly Mlinarik and Eric Fulgenzi guided the first trip for their yet-to-be-named company to Costa Rica. The itinerary included four days in La Tigra and La Fortuna on the eastern slopes of the Cordillera de Tilaran and four days in the beautiful beach paradise of Montezuma. 208-352-2242

Continued: **Seen n Heard**/10

Seen N Heard

FFS Adds Varsity Baseball: Carlton Williams, Athletic Director at The Family Foundation School, Hancock, New York, has announced the addition of varsity boys' baseball to the school's lineup of interscholastic spring sports. The team is comprised of students from FFS and nearby Hancock Central School in a unique joint venture, and will compete through its membership in the (NY) Mid State Athletic Conference. FFS also offers varsity boys' and girls' soccer and basketball, girls' softball and boys' golf. 845-887-5213 ext. 265

Women's Trekking Adventure in Tuscany: Kim Mlinarik, LMHC, CDP and Colleen Russell present the Women's Trekking Adventure in Tuscany, May 11-18, 2013.The trip is an empowering experience for women that is fun and adventurous, with a healthy dose of trekking. Our goal to utilize the vibrant culture and beautiful scenery of Italy to create a nurturing experience that will support these women in stepping into possibilities and dreams for their life. 208-352-2242

Trails Carolina Expands Clinical Team with Uhlenkott: Trails Carolina is excited to welcome Leigh Uhlenkott back to her Wilderness Therapy roots. Leigh has expanded Trails' clinical services by adding a group for adolescent males. Her 15 years of experience includes: work at a therapeutic boarding school for boys specializing in learning disabilities; wilderness therapy, school counseling, prevention work, and substance abuse groups; a hospital setting, private practice and counseling victims of domestic violence, and family systems work, Person centered, and psychodynamic therapy. 828-885-5920

Green Named Medical Director of Smoky Mountain Lodge: Pasadena Villa would like to welcome Kelli Green - MD, FAPA to Pasadena Villa's Smoky Mountain Lodge! Dr. Green brings over 16 years practicing Psychiatry and 8 years of Medical Practice before that. She has worked with the chronically mentally ill adult population, with a wide range of pathology. Dr. Green also has experience in working with interdisciplinary teams such as PATH (positive alternatives to hospitalization), partial hospitalization and intensive outpatient, addiction treatment service, group homes and community supportive living teams. 407-982-0099

Squaw Valley Academy Announces 2013 Summer School: Squaw Valley Academy at Lake Tahoe has announced their 2013 summer school program. Summer school will run in two three week sessions from June 30 to August 9. 530-583-9393

Trails Carolina Welcomes Shorts: Trails Carolina is excited to welcome Carla Shorts to our expanding clinical team. Carla will lead Trails Carolina's "Journeys" group for 10-13 year old students. 828-885-5920

Students Promote Bridge Program at Teen Life Conference: The Bridge at The Family Foundation School received the personal endorsements of two program participants during a Teen Life Conference in Boston in March. The annual conference provides teens and their families with information on relevant health care issues and post-high school career options. The at-risk teens were able to speak to attendees about how the program is helping them transition from therapeutic high school to college by providing academic supports, therapeutic counseling, and both on- and off-campus activities to help them succeed. According to Jeff Brain, MA, CTS, CEP, Dean of Admissions for The Bridge at The Family Foundation School, the students' enthusiasm for the program caught the attention of the Boston Neighborhood Network, which was covering the event and interviewed them for a news segment. 845-887-5213 ext. 265

Gould Farm Announces Centennial Symposium: In celebration of its 100th anniversary, Gould Farm and Berkshire AHEC are honored to be able to bring experts to the Berkshires to share their knowledge and insights with everyone touched by mental illness. This unique one-day, interdisciplinary symposium brings together experts whose work informs cutting-edge approaches to recovery. In addition to presentations, the day includes a moderated conversation among the experts and a panel of consumers/ family members. We expect all perspectives and audience participation to inform a dialogue and enhance learning. The symposium will be held Friday, April 26, 2013 at Cranwell Resort, Lenox, MA. 413-528-1804 ext. 34

Klein To Lead Smoky Mountain Lodge: Pasadena Villa Smoky Mountain Lodge would like to welcome Perry Klein to the Lodge! Perry moved from Pasadena Villa Orlando to Pasadena Villa's Smoky Mountain Lodge after being promoted to Clinical Services Manager. Perry brings over 24 years experience in the field of mental health treatment and has worked Inpatient, Outpatient, Substance Abuse, Residential Treatment and Crisis Assessment. Perry is Double Board Certified in General Counseling Practice and in Clinical Mental Health Counseling. 407-982-0099

Tucker Joins Shadow Mountain Recovery: John Tucker has joined the Shadow Mountain team as Director of Admissions. John comes to Shadow Mountain Recovery with eighteen years of experience. Serving in positions such as Field Director, Academic Director, and Admissions Director, John has shown his dedication to work with families through out his career. In addition, Shadow Mountain Recovery is proud to announce the opening of our new Sober Living Home for men in Denver, Colorado. Our five-bedroom home will offer a step-down recovery program for men transitioning from primary care. 800-764-7250

Mansfield Hall To Open June 2013: Mansfield Hall will open its doors for the first time in June 2013. Mansfield Hall is a college assistance and residential program for students with learning disabilities, mild autism, and other conditions. The program provides individualized training and skills development to help students not only flourish academically at the many nearby colleges in Burlington, Vermont, but also to adapt and thrive socially, emotionally, vocationally, and ultimately, independently. 802-870-0862

Grand River Academy Welcomes New Staff: Grand River Academy would like to welcome three new staff members to their team. Mrs. Kristen Kitchen has begun her role as Director of Advancement. Mrs. Kitchen will also be coordinating the Parents Association from Grand River Academy's end. Mr. Sean Kaschak is the new Director of Residential Life and has assumed all residential life responsibilities. Mr. Mark Kaschak also joined the Faculty at Grand River Academy. While Sean has transitioned into residential life (although he will still be teaching), his brother has joined our community and is teaching Web Design, Graphic Design, Photoshop and Introduction to Videography. 440-275-2811

Alpine Academy Featured In Psychology Today: Alpine Academy is thrilled and honored to have been featured in the February edition of Psychology Today. 800-244-1113

Blueprint Education Updates: Blueprint Education has many updates listed on StrugglingTeens.com, among them a few staff changes. Steve Gilbert has left Blueprint, but continues to sit on the Advisory Board. Allison Fischer and Krissyn Sumare are new teachers with the school. Allison has a BS in Science and Education, and a Master's of Education in Curriculum and Instruction. Krissyn graduated with a BS in Secondary Education and a Master's in Administration and Supervision in Education, with a second Master's in Curriculum and Instruction. 800-426-4952 ext. 4840