

Surf House Opens Doors: We are pleased to announce the opening of Surf House Puerto Rico on September 2, 2013. Surf House is a holistic community for young people ages 17.5 to 25 seeking a gap year experience to help them improve their college and career readiness. Utilizing a life coaching approach to foster resilience and life goal orientation, Surf House integrates a rich international experience and individualized educational services with a wellness-focused lifestyle. 787-237-8168

Solstice East Welcomes Elaine As Primary Therapist: Solstice East is excited to welcome Susan Elaine to our talented clinical team! With over twenty years of experience with adolescents, Susan excels at working with complex family systems and trauma related to eating disorders. Susan's focus has been on the interactive dynamics between familial, social, cultural, and individual influences that contribute to the development of disordered eating behaviors in adolescents and young women. Of particular importance and focus in her work, are the development of self-awareness and self-trust, empowerment, and identity development in the years between pre-adolescence and young adulthood. With the addition of Susan to the Solstice East family, we are able to offer even more in-depth groups aiding in recovering from eating disorders and improving body image. 443-929-9122

Outback Introduces Roots and Wings Family Expedition: Outback Therapeutic Expeditions, a strengths-based therapeutic wilderness program for struggling teens, has introduced a new "Roots & Wings Family Expedition" that will unite families in crisis in a unique, three-day intensive wilderness experience and engage them in a healing, therapeutic process facilitated by professionals. "We are very excited to introduce this new feature to our program," said Andrew Powell, MBA, Executive Director of Outback Therapeutic Expeditions. "The Roots & Wings Family Expedition will help families apply skills, learn and practice new ways to resolve conflict and more effective ways to express oneself, and teach the power of empathy and validation for healthy communication. This type of programming reaffirms Outback's position as a top tier program when it comes to family systems work within a clinical, therapeutic outdoor program." 800-817-1899

Burroughs Joins The CALO Executive Team: Change Academy at Lake Ozark (CALO) is pleased to announce the addition of Dr. Bob Burroughs to their executive team. Burroughs has been appointed as the Academic Director at CALO, effective immediately. He brings 15 years' experience as a teacher educator at the University of Cincinnati and 5 years' experience as a public school and boarding school English teacher. Most recently, Burroughs was an educational consultant in Cincinnati, working under the company name of Ike & Burroughs, Educational Consultants. 866-459-1362

Webb Joins Shadow Mountain Recovery as President: Shadow Mountain Recovery is pleased to welcome Michael Webb as President/ COO/ Partner. Michael will be joining Shadow Mountain to add other programs to it's Continuum of Care offering that will enhance treatment opportunities for clients and their families. Licensed as a Substance Use Disorder Counselor, Michael has worked in the substance abuse field for over 25 years. 800-764-7250

Four Circles Releases Outcome Results: Four Circles Recovery Center, a state of the art wilderness-based addictions, substance abuse and co-occurring mental health disorders treatment program, in cooperation with the Center for Research, Assessment, and Treatment Efficacy ("CRATE") and the Intervention Sciences Laboratory at the University of Arkansas, recently announced long-

awaited results of one of the most comprehensive treatment outcomes studies of its kind. Results of the multi-year, longitudinal study strongly support the use of wilderness-based interventions, such as those practiced at Four Circles Recovery Center, in treating young adults with substance use disorders and co-morbid psychopathology. One year post-treatment data shows that approximately 92 percent of participants reported persistent improvements in symptoms of substance abuse and dependence, while indicating that they acquired the necessary skills to better manage wellness and recovery. 877-893-2221

The Academy at Sisters Welcomes Mueller: The Academy at Sisters welcomes Mara Mueller, LCSW, CADCI to our Clinical Team. Mara joined The Academy at Sisters in March of 2013 and we are so thrilled to have her as a strong, dynamic part of our team. Mara has 17 years of experience working with at risk youth and families in residential and hospital settings with eight of those years working in private wilderness therapy. At The Academy at Sisters, Mara provides individual, group and family therapy. She facilitates a weekly Addictions Group, a Communications Group and a bi-monthly Family Therapy Group. Additionally, Mara attends AA/NA meetings with any of our students who are in recovery. 541-389-2748

Specialists From Rogers Memorial Participate in IOCDF Conference: Rogers Memorial Hospital was represented at the International OCD Foundation (IOCDF) 20th Annual OCD Conference, which took place July 19-21, 2013 in Atlanta, GA. Among the specialists who participated were Bradley C. Riemann, PhD, clinical director of the Obsessive-Compulsive Disorder (OCD) Center and Cognitive Behavioral Therapy (CBT) Services; Stephanie Eken, MD, FAAP, medical director of the Child Center; and David M. Jacobi, PhD, behavior specialist and clinical supervisor. 262-646-1029

Carlbrook Expands Educational Department: Carlbrook School, a college-preparatory boarding school for high-potential, college-bound students in need of therapeutic support and structure, is bolstering its Experiential Education (EE) Department after several months of successful trials. The EE program provides a research-validated course of onsite outdoor and adventure-based programming designed to improve student engagement, provide therapeutic and behavioral interventions, build pro-social skills, and provide adventure-based recreation. According to Carlbrook's Director of Program Development, Anna Gerard, D.S.W., students who begin to act out or shut down can benefit from pulling out of their day-to-day routine to gain perspective, recharge, reflect, and have some fun. "Our EE program is based on voluminous research showing the efficacy of experiential and adventure-based education for improving engagement, teaching pro-social skills, and promoting personal growth and healing," said Gerard. "Plus, it's a lot of fun." 434-476-2406

Wilderness Symposium To Be September 5-7, 2013: We are happy to announce that the 2013 Wilderness Therapy Symposium presented by OBHIC will be held September 5-7, 2013 in Boulder, CO. 970-403-8131

Congressman Kinzinger Visits Rosecrance: US Rep. Adam Kinzinger (R-16th) toured the Rosecrance adolescent treatment center in July and met with some of the 78 teens in treatment, commending them for seeking professional help and encouraging them to make healthy choices when they return home. 815-387-5605

Riemann Participates in World Congress of Cognitive and Behavioral Therapies: Bradley C. Riemann, PhD, clinical director of the Obsessive-Compulsive Disorder (OCD) Center and Cognitive Behavioral Therapy (CBT) Services at Rogers Memorial Hospital, was among international

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