three phases of their program designed to establish a student's independence. These keys represent emotional and spiritual wellness and each client receives 90 minutes of individual therapy and 5 group therapies each week; educational and career training, volunteering and apprenticeships allowing each client to develop a strong work ethic and personal responsibility, visual, performing and culinary arts and physical health and wellness. Upon completion of the program, these young women will leave with useable life skills which will include developing a personal leadership style, learning to build community connections and fundamental skills for entering the academic world and workforce.

[This information came from the Sovereign Journey website and brochure.]

Parent Choices For Struggling Teens
Mondays at Noon, Pacific Time
LATalkRadio.com, Channel One

Seen N Heard...

> Education is what remains after one has forgotten what one has learned in school.
> ~ Albert Einstein

Cedar Ridge Academy Authorized to Enroll International Students: Cedar Ridge Academy has a reputation of thinking outside the box when offering alternative solutions, in addition to the traditional approaches, to increase a students' academic performance. Our most recent accomplishment in this ongoing pursuit was the authorization from the federal government to enroll international students here at Cedar Ridge. 435-724-0899

A Trek For The Soul: Each Fall commemorates another season for Soltreks to celebrate its cycle around the sun. This Fall begins Soltreks 17th year of guiding individuals toward self-discovery using nature and the wilderness to navigate a path toward wellness. One-on-One treks are customized and vary in length from 8 to 30 days based upon need. By allowing the pace of the One-on-One trek to reflect the participants needs, distractions are at a minimum so the primary focus becomes self-awareness, and as Eckhart Tolle (2004) writes, living in the NOW. This powerful wilderness experience allows for a higher level of participant attention and individual reflection, creating the opportunity for greater insight and awareness. Doug specializes in facilitating treks for men and using photography as a tool to seek insight through nature's lens. 218-830-1233

Echo Springs Introduces New Admissions Advisor: Echo Springs wants to introduce you to Lucinda Kay; she joined us in July as our Admissions Advisor. Lucinda has collaborated with us as our communications consultant since 2009, guiding us through message development, re-branding, and coaching. Lucinda says, "After hearing all the amazing stories all this time, I now get to speak directly to the families and consultants. It's been insightful and rewarding." We partnered with Lucinda because she has such a diverse skill set; the kind of woman who can maneuver bureaucracies in the developing world, hold an international press conference, or simply sit and listen. We appreciate her skills for sure, but she also lives our mission; she has long mentored and equipped young people to live effective and productive lives - helping us to teach young adults character, discipline, and direction. 208-267-1111

The Meadows Wickenburg Announces New Young Adult Program: The Meadows Trauma and Addiction Treatment Center in Wickenburg, AZ, announced the addition of a new young adult program, DAWN at The Meadows. DAWN will open at The Meadows' campus early fall 2013 exclusively for young men and women ages 18 to 26. DAWN at The Meadows is a 45-day, three-phase program specifically created to respect and honor the patient's maturation in a way not possible in a program model designed for teens. 317-344-2922

Child And Adolescent Psychologist Joins Rogers' Kenosha Staff: Colleen M. Drosdeck, PsyD, joins the staff at Rogers Memorial Hospital in Kenosha, as a licensed clinical psychologist for its day treatment program, which offers mental health treatment for children and adolescents while allowing them to remain in school. Dr. Drosdeck will evaluate patients, supervise clinical staff and coordinate care with physicians and other professionals. 262-646-1029

Shortridge Academy Bids Farewell To Fuller: Shortridge Academy is with mixed feelings as the school bids farewell to long-time staff member, Amy Fuller. Amy will be returning home to Iowa to care for her aging parents. "I truly feel privileged to have had the opportunity to work with Amy for the last eight years. She touched the lives of so many at Shortridge and I will always be grateful for the unique contributions she made. We will all miss her sense of humor, great attention to detail, and most importantly her friendship", said Adam Rainer, Founder. "Amy is one of those remarkable people you don't meet everyday. She is someone whose dedication to mission and people is indeed special", remarked Don Vardell. 877-903-8968

Aspiro Announces Important Developments To Pure Life Program: Pure Life will move to a rolling admissions schedule for young adults 18-28 years old. Beginning January 1, Pure Life will also be accepting adolescent boys ages 15-18 utilizing a rolling admissions, open group model. In addition, we are excited to announce that Dr. Gordon Day will be the primary therapist for the Costa Rica program. 801-349-2740 ext. 1

Counting Our Many Blessings At Gold Lake: All are aware of the tragedies which have befallen many as a result of flooding in Colorado. We are grateful for your calls and emails, and want to let everyone know that we experienced minimal impact from the storms. 512-516-7257

SUWS Thank You For Your Support: Our heartfelt thanks go out to so, so many of you for your support of SUWS, my team, and me. September 20 we locked the doors at 911 Preacher Creek Rd and closed a very well-written, heartily-lived chapter in the history books. 208-308-3163

Doctoral Candidate from Greenbrier Submits Dissertation: Dr. Doug Marchant's doctoral dissertation on the effectiveness of GBA's Applied Relationality model has been completed and warmly accepted by his committee at Brigham Young University. We are encouraged that his findings were positive. In his Abstract he says: "Results indicated that Greenbrier's students' experienced marked changes in the quality and meaning of their interpersonal relationships. They increasingly cared for and served their

Continued: **Seen N Heard**/ 8

Cedar Ridge Academy Welcomes New Guidance Counselor: This summer brought with it excitement for our Cedar Ridge Academic team with the addition of Holland Olsen as the new Guidance Counselor. Holland's energy is contagious around campus as he tackles the individual needs of the students not only in their academic pursuits but also in coaching them on the court and field. 435-724-0899

Aspen Institute Welcomes Dr. Park: The Aspen Institute for Behavioral Assessment, a licensed and accredited specialty psychiatric hospital for adolescents in Syracuse, Utah, is delighted to announce that Brandon Park, PhD will be joining the team as Director of Assessment.Dr. Park is a neuropsychologist and a behavioral specialist who comes to us with over 10 years of experience in neuropsychology across a variety of settings. Most recently, Dr. Park was at Outback Therapeutic Expeditions as their neuropsychologist providing assessment and treatment to troubled adolescents in a wilderness setting. Prior to that he spent five years as senior psychologist at Napa State Hospital where he specialized in neuropsychodiagnostic assessment. 408-645-3137

Addiction Medicine Specialist Joins Staff At Rogers' Herrington Recovery Center: John Franzen, MD, has joined the medical staff at Rogers Memorial Hospital as an adult psychiatrist specializing in addiction medicine. Prior to joining the addiction treatment staff at Herrington Recovery Center, Dr. Franzen worked as an adult psychiatric hospitalist at Bryan LGH Hospital and provided inpatient behavioral services at Faith Regional Health Services, both in Nebraska. 262-646-1029

Family Support Collaborative Appoints Director: We are pleased to announce that Mary Jo DeGrandi, MS, has accepted the position of Director of the Family Support Collaborative. With over fifteen years of experience in working with families and youth-at-risk, Mary Jo has a strong background in helping families and organizations, including Therapeutic Boarding Schools, Outdoor Behavioral Healthcare Programs, and Residential Child Care Programs. 603-986-6054

Hopper Returns To Private Practice: BJ Hopper returns to private practice. After a two year partnership with Rosemary Tippett, BJ Hopper has returned to the sole practice that she founded 27 years ago in Atlanta, GA. 404-814-1397

Graduation Of The Class of 2013: The John Dewey Academy is proud to announce the graduation of the Class of 2013. Our ceremony, held August 17th, celebrated the achievements of our ten graduates. As usual, alumni and alumni parents from multiple generations chose to join us for Graduation Day.In keeping with our 26 year tradition, 100% of our graduates have matriculated at four year institutions of higher learning. 917-597-7814

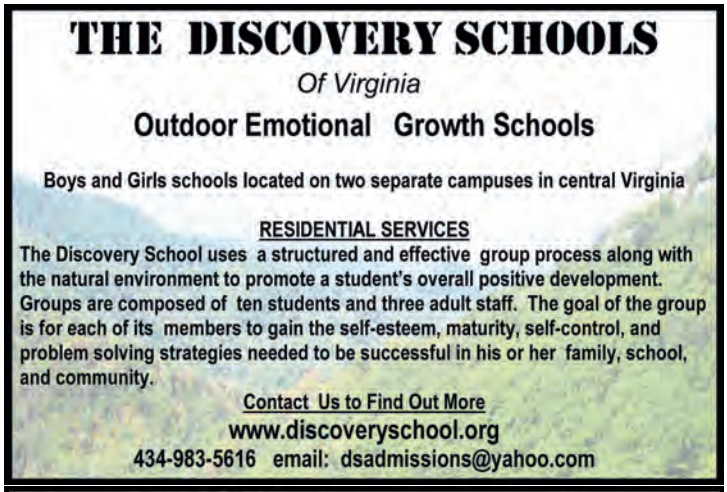
Elements Welcomes Christensen: Elements Wilderness Program is thrilled to welcome Neal Christensen, PhD, LP, as the newest member of our clinical team! Neal is a recognized leader in the wilderness-treatment community and comes to Elements with extensive experience as a wilderness field therapist, primary therapist, and clinical director. 801-505-8481

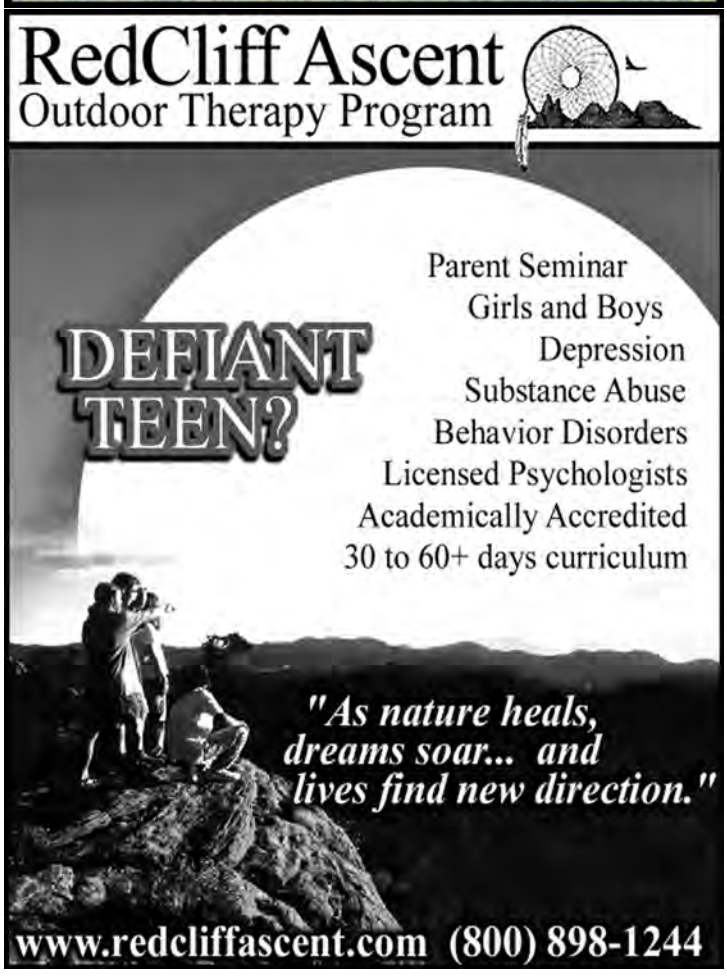
Updates From Alpine Academy: Alpine Academy had a wonderful Summer break this year. In July many of our young ladies graduated from high school and our program. A couple weeks following all the celebrations we kicked off our new school year with the annual trip to Jackson Hole, Wyoming. In addition to the recreational therapy and experiential learning activities, we went on some amazing hikes, swimming in the hot springs and, of course, white-water rafting on the Snake River. 800-244-1113

Robbins Welcomed To Outback: Outback Therapeutic Expeditions, a strengths-based therapeutic wilderness program for teens, announces the hiring of Outback's newest therapist, Kathleen (Kat) Robbins, LPC, NCC, CCMHC. Kathleen has clinical experience in a variety of settings including therapeutic boarding school, private practice, wilderness therapy, and public mental health. Her leadership experience includes working as the Clinical Director at the Oakley School, Youth Program Coordinator for a substance use treatment center, and lead researcher for Pennsylvania State-recognized research on behavior change. 801-766-3933

Cherry Gulch Adopts The RULER Approach: The RULER Approach is a comprehensive emotional literacy program that helps to empower and teach individuals to regulate their emotions and find success in their daily endeavors. 208-365-3437

CONTINUED: **SEEN N HEARD**/ 10





Seen N Heard

Taking Life Skills To Alaska: Alaskan coastlines offer a matchless canvas for life's greatest lessons. The unpredictable weather, icy cold water, caving glaciers, unabated wildlife, and awe inspiring scenery give opportunities to reflect on both the hardships and beauty life offers. Fulshear Ranch recently teamed with Breakwater Expeditions for the experience of a lifetime. Six young women traveled to Prince William Sound, seeking invaluable life skills and the unique rewards of immersion in a natural environment. Accompanied by positive role models and immersed in America's wild frontier, these young women learned to face adversity, trust in themselves and make responsible decisions. 888-317-9229

Jones Achieves Positive Psychology Coach Certification: Parent Coach Professionals is excited to announce that Vicki Jones, MS, PCC, has added Positive Psychology Coach Certification to her extensive list of certifications and trainings. Positive Psychology Coaching focuses on offering clients innovative interventions that are based on positive psychology research. The training was facilitated by Dr. Robert Biswas-Diemer and Jessica Austin. 541-330-5979

Wilderness Therapy E-Book Now Available: The new Wilderness Therapy & Outdoor Adventure eBook, part 3 of the Parent Empowerment Handbook, is now available on amazon.com. It is available for downloading into your smart phone, kindle or almost any electronic device with a screen. 208-267-5550

New Therapists Welcomed To Cedar Ridge: Cedar Ridge Academy, a therapeutic boarding school in Roosevelt, UT, is proud to announce the addition of Jason Law and Jacob Auna to the clinical team. Jason has 12+ years Wilderness Therapeutic Programs, 14+ years Private Practice, and 8+ years Therapeutic work with the state of Utah. Jacob has worked as an intern therapist at Wasatch Mental Health, an intern as development specialist at Deseret Industries and interned as a Case Manager at Native Hawaiian Organization for Orphaned Children. 435-724-0899

Elements Joins OBHIC: Elements Wilderness Program recently joined the Outdoor Behavioral Healthcare Industry Council (OBHIC) to further promote the efficacy of wilderness treatment for adolescents. OBHIC members are dedicated to not only researching programs efficacy but also considering safety and risk management. As part of OBHIC membership, Elements Wilderness Program will not only be participating in outcomes and risk management research but helping the organization continue to raise standards industry wide. 801-505-8481

KEE Kreations presents new Interactive Art Therapy: Interactive Art Therapy has deeper meaning to those searching for a distinctive and unique way of expressing one's triumphs, as well as over-coming life's tragedies. It is art with a purpose. As a counseling tool, our Interactive Art prints were created for the purpose of aiding in the healing process in a lasting and visual way. 570-640-8622

Eva Carlston Academy Launches New Website: Eva Carlston Academy announced the launch of a new website designed to more accurately reflect the school's strong aesthetic orientation. 801-699-6563

> An educational system isn't worth a great deal if it teaches young people how to make a living but doesn't teach them how to make a life.
>
> ~ Author Unknown

