



relationships, engaged in more intimate relationships with others, approached (rather than retreated from) others' differences, viewed others more holistically, and accepted personal responsibility in relation to their context." Dr. Marchant's dissertation is entitled: "A Qualitative Inquiry into the Treatment Experience of Adolescent Females In a Relationally based Therapeutic Boarding School". 877-788-8422

Two New Directors At Lava Heights: Lava Heights Academy is very happy to have added two new Directors to our team. Brant Wadsworth is our new Program Director and Jamie Young is our new Artistic Director. These additions will enhance our Expressive Art therapies approach. Brant Wadsworth is a registered drama therapist with the North American Drama Therapy Association and is currently completing a Ph.D. in Expressive Arts Therapies at Lesley University. His work with the arts in therapy includes experience as an expressive therapist and clinician in adolescent residential treatment, therapeutic secondary education, and creative arts programs for developmentally and/or physically disabled children, teens, and adults. Before becoming the Artistic Director at Lava Heights Academy in 2013, Jamie Young was a professor of musical theatre for 19 years working at the University of Idaho, College of The Albemarle, and Western Wyoming College. For 12 years he was the head of the Theatre & Dance department at Western and was able to grow the program from 2 faculty and 18 students to more than 10 faculty/staff and 70 students. 801-842-4400

Announcing the Independent Living Program for Eating Disorders: Center For Change announced a new Independent Living Program (ILP) for adult women ages 18+. The new ILP offers the structure of participating in our day treatment (PHP) program while residing off site. 888-224-8250

Mack and Oshier Join Parent Coach Professionals: Parent Coach Professionals is pleased to announce the addition of two new associates, Colleen Oshier and Sarah Mack. Colleen Oshier's 30 year career has been defined by her intuitive and compassionate work with groups and individuals. Sarah Mack brings nineteen years of experience in the adolescent/young adult treatment industry to our practice. Most recently, Sarah has worked as a Parent Coach and the Director of Business Development for Skelton, Thomason and Associates, and continues to work as a co-facilitator for the Parent Coach Trainers Academy. 541-330-5979

Parents Lower The Volume On Discipline: An update may be in order for the childhood saying "sticks and stones may break my bones but words will never hurt me." The results of a new study shows that harsh verbal punishment, such as shouting, cursing or using insults, is just as harmful to adolescents as physical discipline. The study, published online in the journal Child Development, comes from researchers at the University of Pittsburgh, who found that adolescents whose parents used harsh verbal punishment suffered from depression and were more likely to engage in vandalism or aggressive behavior. 866-906-8336

Benchmark Transitions Celebrates 20th Anniversary: When Jaynie opened Benchmark on September 9, 1993, she had one student, one staff member and one couch...Today, Jayne's adult children have joined her to form a first and second generation ownership team, sharing her vision and values. Benchmark has grown to include over 40 full time amazingly dedicated staff members and clinicians, over 50 beds in community-based apartments, a 20,000 square foot Education and Life Skills Center, 50 young adult students for co-ed enrollment and hundreds of alumni students and families! 800-474-4848