

ODYSSEY HOUSE OF UTAH

Salt Lake City, Utah

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www.odysseyhouse.org

Odyssey House, Inc., a private, nonprofit organization, has been providing substance abuse treatment, education, and prevention services in the Salt Lake City, UT area for nearly 40 years. Services include individual, group and family therapy, milieu therapy, medication management, some medical services, life skills training, vocational rehabilitation, educational services, transitional housing, psychiatric services, and recreation, for young adults and struggling teens ages 13-17 years old.

Odyssey House was originally founded by Dr. Judianne Densen Gerber in New York and individual Odyssey Houses quickly spread across the United States and other countries. In the 1980's the individual companies became incorporated and Odyssey House of Utah opened their residential programs in 1990.

The Executive Director at Odyssey House of Utah is Adam Cohen, MBA, the Clinical Director of the Adolescent Facility is Sylvia Anderson-Conn, LCSW and the Director of Adolescent Services is Christina Nielson, LCSW.

Odyssey's adolescent residential program offers dual diagnoses

treatment in addition to a Therapeutic Community for students. Therapists track the client's progress in sessions and evaluate their interactions in the residential community, determining what next step in care will be needed. Students attend Odyssey Academy, an accredited high school on property, in addition to life skills training and sober fun and recreational activities.

Students also participate in individual therapy, gender groups, family therapy and motivational groups, in addition to crisis intervention and /or sexual trauma recovery counseling as needed. A unique aspect to Odyssey House is free aftercare services for life once a client completes the program.

[This information came from the Odyssey House website.]

THE DISCOVERY SCHOOLS

Of Virginia

Outdoor Emotional Growth Schools

Boys and Girls schools located on two separate campuses in central Virginia

RESIDENTIAL SERVICES

The Discovery School uses a structured and effective group process along with the natural environment to promote a student's overall positive development. Groups are composed of ten students and three adult staff. The goal of the group is for each of its members to gain the self-esteem, maturity, self-control, and problem solving strategies needed to be successful in his or her family, school, and community.

Contact Us to Find Out More

www.discoveryschool.org

434-983-5616 email: dsadmissions@yahoo.com

20TH ANNIVERSARY
1993 | 2013

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The Benchmark Transitions® Program

Benchmark Transitions® is a comprehensive, multi-disciplinary approach to residential transitional living for young men and women, ages 18-28.

Our dual-diagnosis model serves students who have had substance abuse issues, as well as those who have not, by combining clinical treatment, behavioral health therapy, addiction recovery & aftercare, educational & vocational opportunities, career training and life skills in a structured and nurturing environment that fosters self-discovery and autonomy.

Benchmark is a long-term residential program. Our level-based curriculum is designed to be completed in 9-12 months. Extended care options are available.

Benchmark is designed to be a step-down transition program for participants coming out of other primary treatment programs, such as Detox, 30/60/90 day Residential Treatment Centers, Wilderness Therapeutic Programs, hospitalization/stabilization units, and for adolescents aging-out of Therapeutic Boarding Schools and is also an ideal option for young adults who are "stuck" at home with failure to launch issues.

Students exhibit behavioral and clinical issues such as:

- Academic challenges
- ADD/ADHD
- Adoption/Attachment
- Anger management
- Anxiety/Depression
- Asperger/Autism Spectrum*
- Bi-Polar/Borderline
- Compulsive behavior
- Distressed relationships
- Drug/Alcohol Addiction
- Dual Diagnosis
- Eating disorder (mild)
- Emotional & Behavioral issues
- Gaming/Internet Addiction
- Grief/loss
- Lacking confidence
- Learning differences
- Life changes
- Non-verbal learning difference
- ODD/PTSD
- Poor judgment
- Shy/withdrawn
- Sneaky/underground
- Socially isolated
- Substance use/abuse
- Trauma
- Unmotivated

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A THERAPEUTIC BOARDING SCHOOL



At Montcalm School, children have a whole world of people ready to help them succeed. As a program of Starr Commonwealth, Montcalm School utilizes the knowledge and insights from thought leaders in education and strength-based therapeutic services. We employ vast expertise and resources to support the needs of children, empowering them – regardless of their challenges – to transform their lives academically, behaviorally and socially.

ReferAChild.org | 866.244.4321

Montcalm
S C H O O L
FOR BOYS AND GIRLS

Montcalm School for Boys and Girls is a private therapeutic boarding school serving kids and families from around the world. Montcalm School offers a traditional therapeutic program for boys and girls ages 12-18; Outside In, a program for boys and girls, ages 12-18, with autism spectrum disorders; and Structured Transitional Living, a life skills program for boys, ages 17-21. Montcalm School is part of Starr Commonwealth, an organization that has helped children and families for 100 years.