

Skyland Trail

(Residential Treatment Center & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Elizabeth Finnerty Admissions Contact: Nicole Murphy, LMSW Academic Contact: Joyce Latimer Email: jlatimer@skylandtrail.org Phone: (404) 315-8333 Fax: (678) 686-5919 Address: 1961 N. Druid Hills Rd. NE Atlanta, GA 30329 Website: www.skylandtrail.org	Gender: All Genders (non-binary) Ages: 18+ Grades: N/A Enrollment: 32 Duration: 3 - 6 months Founded: 1989  Airport: Atlanta, GA (ATL)
NATSAP Member Since: 2012	

Located in Atlanta, Skyland Trail is a nationally recognized nonprofit mental health treatment organization offering primary psychiatric residential and day treatment programs for adults ages 18 and adolescents. Our adult and adolescent residential programs are open during the COVID-19 pandemic; a negative PCR test is required prior to admission.

Our adult program treats adults ages 18 and older with bipolar illness, major depression, schizophrenia, anxiety disorders, and borderline personality disorder. A dual diagnosis program helps clients with a co-occurring substance use disorder, and a specialized program helps young adults navigate their first episode of psychosis. Our evidence-based mental health treatment teams include young adults with first episode psychosis, cognitive behavioral therapy (CBT), and dialectical behavior therapy (DBT). The Rollins Campus provides a specialized residential treatment environment with private rooms for young adults ages 18 to 25. During the COVID-19 pandemic, young adult clients admit to a precautionary facility at South Campus before integrating into the residential community at Rollins Campus.

Our adolescent program treats teens ages 14 to 17 with major depression, bipolar illness, and anxiety disorders. The residential program provides evidence-based psychiatric treatment, experiential therapy, educational support, and family programming. The continuum of care includes day treatment and IOP as step down programs. The J. Rex Fuqua Campus is home to our adolescent program and offers private client rooms and bedrooms, therapeutic and educational spaces, and outdoor recreational areas.

Our holistic treatment model integrates strategies to help clients improve mental health, physical wellness, social relationships, and school or career success. We work in partnership with clients to create individualized mental health treatment plans that meet their psychiatric needs. Our evidence-based treatment model has earned The Gold Seal of Approval from the Joint Commission since 1995.

Accreditation, Licensure: Joint Commission; State of Georgia, Department of Human Resources

Professional Affiliations: NATSAP - Provisional Member; Behavioral Health Services Coalition (BHSC); Employee Assistance Professional Association (EAPA); Metro Atlanta Therapeutic Network (MATN); National Alliance on Mental Health (NAMH); American Residential Treatment Association (ARTA)