

Youth Care

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 11 - 18
Grades: 6 - 12
Enrollment: 60
Duration: 3 - 4 months
Founded: 1989

NATSAP Member
Since: 1999



Airport: Salt Lake City, UT (SLC)

For over 30 years, Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, Thought Disorders, self-injurious behaviors, Mood Disorders, physical and sexual abuse, Reactive Attachment Disorder, Autism Spectrum Disorder, substance abuse, anxiety, Gender Identity Disorder, and Oppositional Defiant Disorder. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that features Youth Care, Residential, and Day Treatment programs. Because we are IN NETWORK with most insurance companies, we're seeing anywhere from 60-120 days of coverage under our RTC benefit and/or Day Treatment licensure.

Our clinically intensive program features Master or PhD therapists who provide three hours of individual therapy and one hour of family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrists and nursing teams. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students implement their skills into their daily living.

Students attend school for a full day where they are taught by Utah Certified Teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving school appropriate behaviors. Graduation ceremonies are available for students earning a High School diploma.

Accreditation, Licensure: State of Utah Office of Licensing, Department of Human Services, Residential Treatment; Cognia, Joint Commission

Professional Affiliations: NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE